

## **INVERNESS WARM WELCOME**

### **Monday**

Bught Stop Cosy Café – 13:00 – 14:30 refreshments, sandwiches and baking.

Café 1668 – 12:00 – 14:00 free meals.

Church of God (off Fryers Lane) – 12:00 – 15:00 offering soup and sandwiches, teas and coffee.

Culloden – Balloch Baptist Church – Tea/coffee/juice and biscuits, games and study area 16:00-20:00, free meal served 17:00 - 19:00.

Free North Church – 10:00- 13:00 hot drinks, biscuits and toast and a hot shower also available.

Inverness Vineyard Church Raigmore Community Centre- 13:30- 15:00. Free community lunch & Free food cupboard items.

Kings Inverness, Smithton – 10:00 – 15:00 pay forward drinks and meals.

Smithton Free Church – 14:00-16:00 free hot drinks and baking.

### **Tuesday**

Kings Inverness, Smithton – 10:00 – 15:00 pay forward drinks and meals.

Ness Bank Church – Inverness Foodstuffs – 12:00 – 15:00 3 course hot vegetarian lunch, helpline 07552 303056

St Michaels Church– 11:00-13:00 – Free teas and coffee, biscuits, board games.

### **Wednesday**

Café 1668 – 12:00-14:00 free meals

Hilton Community Centre – Inverness Foodstuff – 12:00-14:00 -2 course lunch and Listening Ear Support.

Kings Inverness, Smithton – 10:00 – 15:00 pay forward drinks and meals

### **Thursday**

Kings Inverness, Smithton – 10:00 – 15:00 pay forward drinks and meals.

Ness Bank Church – Inverness Foodstuffs – 12:00 – 15:00 3 course hot vegetarian lunch, helpline 07552 303056.

Smithton Free Church – 17:00 – 18:30- Burgers, Hot Dogs and drinks, 4 items for £1.

## **Friday**

Café 1668 – 12:00-14:00 free meals.

Free North Church – 10:00- 13:00 hot drinks, biscuits and toast and a hot shower also available.

Hilton Community Centre – Inverness Foodstuff – 12:00-14:00 -2 course lunch and Listening Ear Support.

Kings Inverness, Smithton – 10:00 – 15:00 pay forward drinks and meals.

The Barn Church – 12:15 – 14:15 (term time) free soup, bread, yogurts, tea & coffee and biscuits.

## **Saturday**

Ness Bank Church – Inverness Foodstuffs – 12:00 – 15:00 3 course hot vegetarian lunch, helpline 07552 303056.

## **Daily**

Inverness Cathedral offers a Warm Welcome 09:00 – 16:00 Mon to Sat and 12:30 – 16:00 on Sun.  
Suspended coffees daily in the cathedral café 09:00-16:00

Inverness Mosque warm welcome – 14:00 – 21:00