

Sutherland District Partnership

Friday 31st May 2013 at 3pm

Drummuie Building, Golspie

Chair – Councillor Deirdre Mackay

Present

Cllr Deirdre Mackay – **(DM)** Local Member and lead for Adult and Children Services Committee, Highland Council
 Mike Evans – (ME) Board Member, NHS Highland
 Bob Silverwood – (BS) Area Community Care Manager, NHS Highland
 Andy Mackay - (AMck) Northwest and Central Sutherland Ward Manager, Highland Council
 Dawn Grant - (DG) Area Children’s Manager, Highland Council (HC)
 John Garvie – (JG) Rector, Dornoch Academy, Highland Council
 Ross Mackenzie - (RM) District Manager, NHS Highland
 Christine Ross – (CR) VGES
 Larry Sinclair – (LS) Telecare Integration Co-ordinator, NHS Highland
 Catherine Chalmers – (CC) Area Care at Home Manager, NHS Highland
 Yvonne Ross – (YR) Youth Worker, Highlife Highland

| Item | | Action |
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| 1. | Welcome and introductions – DM DM welcomed everyone; there were 11 members in attendance, plus 3 members of the public. | Note |
| 2. | Apologies Cllr Hugh Morrison, Ward 1 representative Graham Nichols, ECS Area Service Manager Alan Miller, Area Manager North, Scottish Ambulance Service Jackie Mackenzie, The Meadows, Dornoch Frances Gunn, CVS North Nigel Brett Young – Highlife Highland Angela Echavarren, Children’s Services, Highland Council Steven Gorman, Scottish Ambulance Service | Note |
| 3. | Previous minutes: - DM asked for the Minutes of the last meeting held on 1 st February 2013 to be approved. The Minutes were approved by DG and seconded by CR. | Note |
| 4. | Matters arising not included in the Agenda: 5.4 IT Compatibility between HC and NHS Highland. RM advised that there has been some movement on this matter, but there will have to be some sharing IT with HC. The access to Carefirst software has been resolved. Report on progress to be provided at the next meeting. 5. Youth Conference. There has been dialogue between Children’s Champion and young people in respect of a re-scheduled Youth Conference which would more correctly reflect their priorities. The funding for the Conference could be split between both Wards. Once held, a report will come | RM YR/JG |

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| | <p>back to the group.</p> <p>It was noted that HMI Inspections are taking place – evidence can be identified from the Youth Conference of organisations working together and this can be feed back into the HMI inspections. Knowledge of partners is important, and they may be involved in the process.</p> <p>6. Name Change. DM indicated that the name will, in all probability, change across the Partnerships. At some point in time all Partnerships will be changed to District Health and Social Care Partnerships.</p> <p>5. Communication strategy. DM noted that the Northern Times uses copy prepared for them. they also use social media. Draft reports are sent to all Community Councils, and others on the distribution lists. It will take some time to raise awareness in the public, and the group will continue to do so.</p> <p>6. Ambulance Service/Transport. AMck/RM has had contact from Steven Gorman (Scottish Ambulance Service), and he would like to give a presentation at a future meeting. The Ambulance Service has a transport pilot in Elgin, and will be rolled out to all other areas in Highland. It was noted that working across agencies makes much better use of transport.</p> <p>5.8 First Responders. The on-going difficulty recruiting First Responders was noted. The Scottish Ambulance Service (SAS) are looking at creative ways to recruit them. JG suggested senior school pupils. Concerns were raised that pupils/parents could be subject to uncomfortable situations. JG has been in contact with The British Red Cross regarding First Aid courses – they offered to come and do some training in north Highland and he is waiting to hear about minimum numbers for a course in Dornoch Academy. The British Red Cross can deliver one day a year training course for senior pupils. Dornoch Academy is going to try and process this to start at the August school session. CR is in the process of recruiting interested individuals which it is hoped this will include some older teenagers.</p> <p>6. Right to Roam bracelets. Bob Silverwood talked to colleagues on this matter, and discussions were held on how to set parameters in respect of the Right to Roam bracelets. It was agreed that it is important for patients consent, or otherwise, to be recorded while they still had capacity.</p> | <p>Note</p> <p>Note</p> <p>Note</p> <p>Note</p> <p>Note</p> |
| 5. | <p>Children and Young Peoples Services</p> <p>Dawn Grant gave a presentation on Early Years Collaborative Work and Family Nurse Partnership (FNP). The presentation will be circulated with future papers. The FNP is</p> | <p>DG</p> |

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| | <p>an intensive home visiting programme for first time teenage parents to give their children the best possible start in life. It was noted that the programme will not run in Sutherland (only Inverness and Mid-Ross as present), and there was concern expressed regarding a postcode lottery and two tier service in Highland. It is a licenced process, and there has to be a minimum of 100 cases. There are gaps in the programme in that if it is a 2nd pregnancy, young people don't qualify as 2nd live birth. It was asked was there enough support for current vulnerable young mums in Sutherland – DG indicated that services in Sutherland were robust and responsive to the needs of the area. DM indicated that early years work is so important in terms of preventing, or mitigating, problems later in life DM meeting with the Childcare Partnership soon.</p> | |
| 6. | <p>Adult Services – Ross Mackenzie Dementia Friendly Communities and Telecare Services – Catherine Chalmers. CC indicated that LS was best placed to give information about the Telecare Service. The issue centred around the delay between hospital patients being assessed as requiring telecare services in their home and being furnished with the telecare equipment. The problem was that the referral has to go to Social Worker first, and their work has to be prioritised, and could result in someone going home without Telecare Services for some time. LS indicated that Telecare requires 3 responders to the Service. Pressure was applied for only 2 responders as long as they were robust but this created difficulties, so it is reverted back to 3. It was found that a high amount of calls to the Emergency Services were non-urgent, e.g. – the alarm is pressed accidentally. Part of LS post is to raise aware of the Telecare Service to professionals. Self-assessment not a viable option as LS requires technical information to get the Service installed. LS to provide flow chart of the Telecare Service to the group. LS offered to do a presentation to the group, and this may be an agenda item for a future meeting(LS retiring shortly):-</p> <p>With regard to the Reader system, Freedom To Roam Bracelets, if someone leaves a predetermined place the alarm will automatically send a signal to GPS, and this is picked up by a Call Centre and the wearer will be contacted to ascertain that they are all right. There is one of these being used in Sutherland at present. There is some controversy over this system which needs clear boundaries by the user and families.</p> <p>Dementia Care. RM indicated with regard to the diagnosis of dementia – if you are under 70 years of ago you go to Raigmore Hospital and if you are over 70 you are diagnosed locally. Following diagnosis people are referred on for local</p> | <p>LS</p> <p>Note</p> |

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| | <p>post diagnostic support. A Link Worker has been appointed in Sutherland commencing 10 June. Support is also provided by CPNs. The Raigmore Clinic is referred to as the Highland Memory Service and is open to anyone over the age of 70, or under 65 as there is a complex clinical picture. The clinic acts as a “one stop shop”, and is staff by neurologist, neuropsychologist, psychiatrist and nurses. Patients receive all assessments over one day and 4 weeks later are invited back to receive the results.</p> <p>Single Point of Access Pilot. RM reported that East Sutherland been given funding for a pilot Single Point of Contact post with the office accommodation situated in the Lawson Memorial Hospital (post has been advertised). They will receive referrals for professionals, with the purpose of a “one stop shop” basis. This different way of working on referrals and information will have to go back to the community as it is more a quick shift triage. This is 1 of 4 pilot sites. Interest was expressed in this model by Children’s Manager.</p> <p>OTAGO Falls Prevention Programme. RM indicated that NHS Highland from March 2012 to April 2013 21 groups have received Falls Prevention talks, with 327 people in total hearing the talks from Helmsdale to Ardgay, and from Rosehall to Dornoch. 60 pairs of slippers have been exchanged and they have another 145 pairs in stock to give out. There has been a Falls Prevention Worker recently appointed. The programme aims to prevent people falling in the first instance, and there is a wish to see what impact the programme has on hospital admissions. RM circulated information out to the group. Highlife Highland are working in partnership with NHS Highland in some areas to delivery this programme, and they are offering an outreach service to 2 care homes in Easter Ross, and are keen to roll this out to other care homes/communities. The Chairperson commented on the excellent Falls Prevention work being undertaken locally by the Dornoch Firth Group</p> <p>Specialist Nursing Support for Multiple Sclerosis (MS) Patients. RM reported that there are 2 MS Specialists nurses in Highland. They see people with MS from diagnosis through to end stage. Referrals can come from anywhere (including patient self-referral). Most of the nurses work is with the newly diagnosed, and support and advice being the main role. The nurses link with wards in Raigmore Hospital and other professionals. Home visits are given to people who are unable to come to the clinic. There is no local support group for Sutherland. There was concern whether the support to District Nurses is sufficient. RM to speak to specialist nurses</p> | <p>Note</p> <p>Note</p> <p>RM</p> |
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| | and get their opinion and feedback.. | |
| 7. | <p>Future Agenda Items DM indicated that people can ask for agenda items for the meeting by filling in a form available at Service Points or from Ward Managers.:-</p> <p>Change Fund. It was noted that there is a stop on Change Fund activities at present. Agencies that have had funding approved will still get the money. Public Health are concerned regarding the outcomes and the efficiency of the Fund. BS will report back on this item at the next meeting. CR explained that plans were underway to recruit a post of Reshaping Care for Older People. Their role will include carrying out a mapping exercise around services for older people – this post funded by the Change Fund. CR will keep group informed of progress.</p> | Note BS CR |
| 8. | <p>AOB. DM reported that there is a review of District Partnerships on 27 September, and the partners are invited.</p> <p>Fiona Dendy from Alzheimer’s Scotland who works with people with dementia and their carers, and communities commented that a tracker device should not be used to restrict people, but to allow people to continue to live their lives safely and happily. She is asked a lot about them. With regard to the Single Point of Access – she is interested in educating the public on this as she is asked a lot about how to access services. Fiona is happy to take part in any discussions on dementia, and DM is happy to set up links.</p> <p>Robin Ward (RW) expressed an interest in Multiple Sclerosis, and he indicated that it was much more common than most people know. He praised Ann Stewart, the MS specialist nurse for the fantastic effort at providing help. He tried to establishing a Sutherland group a few years ago, and he has contacts with the Ross-shire and Caithness Groups. He thanked DM for leading on this item for the area. He would like this opportunity to talk to others in the group on this matter. RW expressed that helping with Telecare is hard work.</p> <p>Roddy MacSween (RS), the Manager of Seaforth Care Home enquired whether the Telecare Service was available for Care Homes. LS indicated that he had been approached by a Care Home in Wick for the service.</p> <p>RS asked recruitment to be a future agenda item.</p> | Note Note Note Note |

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| | <p>DM requested that RM fill in an agenda form. The form goes to a panel, and acts as an audit. DM indicated that it would be good to have a comprehensive discussion on recruitment (and retention), as it is becoming a big issue.</p> <p>DM thanked everyone for attending and reminded the Partnership of the importance of bringing local issues to the DP for attention..</p> | |
| 9. | <p>Date of next meeting Friday 4th October 2013</p> | |