

LOCHABER DISTRICT PARTNERSHIP

AGENDA

FOR THE MEETING TO BE HELD ON

TUESDAY 28 OCTOBER 2014

IN THE COUNCIL CHAMBERS, LOCHABER HOUSE, FORT WILLIAM

THE MEETING COMMENCES AT 1 PM

- 1.00pm - 1.10pm - Welcome & Apologies
 - Previous action note of 24 June 2014

Children's Services

- 1.10pm - 1.20pm 1. Children's services staffing, verbal update (GS)
1.20pm - 1.30pm 2. Children's services AOCB & comments from the public on items

Joint Services

- 1.30pm - 1.50pm 3. Community planning – health priorities (DF) (Report 1)
1.50pm - 2.10pm 4. Action to reduce health inequalities - RCOP worker and Community Health Co-ordinator (MS/HW) (Reports 2 & 3)
2.10pm - 2.20pm 5. Joint services AOCB & comments from the public on items

Adult Services

- 2.20pm - 2.30pm 6. Adult services staffing, verbal update (LF)
2.30pm - 2.40pm 7. Adult services AOCB & comments from the public on items

Dates of Meetings – 2015

- Tuesday 27 January
- Tuesday 28 April
- Tuesday 30 June
- Tuesday 27 October

Meeting close approx. 2.45pm

LOCHABER DISTRICT PARTNERSHIP

ACTION NOTE FROM THE MEETING HELD ON: TUESDAY 24 JUNE 2014 AT 2.00PM IN THE COUNCIL CHAMBER, LOCHABER HOUSE, FORT WILLIAM

PRESENT: Dr Michael Foxley (Chair), Joanna Hynd (NHS Highland); Allan Henderson, Brian Murphy, Gerard Storey, Ian Jackson, Emma Tayler (HC); Simon Jeffrey (HLH), Alasdair Nicholson (VAL); Ellen Morrison (HC-Note).

APOLOGIES: Jim Douglas, Norma Young, Fiona MacKellaig, Maria Gibbons, Kath McAvoy, Christopher Millar-Craig, Nick Thomson.

IN ATTENDANCE: Marion Smith (VAL); Hugh Wright (NHS Highland).

ITEM	SUBJECT	ACTION AGREED	LEAD	NAMED OFFICER	TIMESCALE
	Previous action note of 29 April 2014	<p>Agreed.</p> <p>Update on actions:</p> <p>Item 1 – Care and Learning Service structure. Still to be completed. To be made available as soon as practicable.</p> <p>Item 7 – Amend “Highland Users Group” to read “HUG Action for Mental Health”.</p>	HC	Norma Young/ Gerard Storey	28 October
1	Children’s services staffing (verbal update)	<p>Gerard Storey provided a verbal update on staffing. Points for noting:</p> <p>1.1 Formation of the family teams continues. All Practice Leads have been appointed with the exception of the Early Year’s Lead, which is currently being advertised. It is anticipated that by 1 October all Family Teams should be in place.</p> <p>1.2 Additional posts of an early year’s practitioner; community children’s worker and support work co-ordinator are to be recruited. These posts will be funded from Preventative Spend monies.</p> <p>1.3 Action for Children staff has now been “TUPED” to Highland Council.</p>			

		<p>1.4 Work with NHS Highland and Education partners on the co-location of staff is ongoing. Health visitors will remain at Fort William Health Centre. School nurses will be located at Camaghael Hostel.</p>		
<p>2</p>	<p>Lochaber Childcare & Family Resource Partnership</p>	<p>Dr Michael Foxley provided an update from the meeting of the Lochaber Childcare & Family Resource Partnership held on 20 June. Points noted were:</p> <p>2.1 New service provider "Stramash" had provided information on their new facility opening in August 2014.</p> <p>2.2 Gaelic wrap-around care survey – 14 responses had been received. However, Highland Council has advised that it will not be feasible to run. Also the current building is not adequate for purpose. Michael Foxley has requested that more work be done to promote Gaelic wraparound care. Isaac Williamson, Childcare and Family Resource Officer tasked to look at marketing/funding etc and report back to the Childcare Partnership.</p> <p>Other points noted from District Partnership discussion were:</p> <p>2.3 Will wrap-around care be provided in the new school at Lundavra? Parents to be surveyed again when school opens.</p> <p>2.4 District Partnership suggested Inverlochy provision might be under-utilised during holiday period. Might be worth exploring any opportunity for sharing provision.</p> <p>No business.</p>	<p>HC</p> <p>Isaac Williamson</p>	
<p>3</p>	<p>Children's Services AOCB & Comments from the public on items</p>			
<p>4</p>	<p>Community Planning – Health Priorities</p>	<p>Emma Taylor spoke to the previously circulated report. She asked the District Partnership to endorse the actions of the working group to date; agree the format and identify content for further inclusion in the Healthier section of the Lochaber Community Plan. From discussion the following was noted:</p>		

		<p>4.1 The next step is to populate the revised Healthier section; 4.2 Timescale for populating draft by community planning partners is 25 July. 4.3 The draft section would then be sent to extended partners in August. This would include community councils. 4.4 Have available concluded document by next District Partnership meeting.</p>	All HC HC	All Emma Tayler Emma Tayler	25 July 28 October
5	Draft Lochaber Drug & Alcohol Action Plan	<p>Dot Ferguson spoke to the previously circulated report and asked the District Partnership to consider the contents of the draft Lochaber Drug and Alcohol Action plan for 2014/15, providing comment or suggested future actions. From discussion it was noted:</p> <p>5.1 The Action Plan still requires input from Health Services (mental health) and High Life Highland (youth). 5.2 Clarity/feedback is needed on the budget spend at central level of the Highland Drug and Alcohol Partnership. 5.3 In the future "Community Safety" will feature as part of the District Partnership meeting with the Lochaber Community Safety Action Team providing updates on matters periodically. 5.4 That a further update report come back to the District Partnership 5.5 A dedicated alcohol facility is needed for the Lochaber area.</p>	HC	Dot Ferguson	
6	RCOP Project & Community Networker Updates	<p>Marion Smith and Hugh Wright spoke to the previously circulated report asking the District Partnership for suggestions for a local reference group and support of the establishment of a local health improvement and community development practitioner's network.</p> <p>Further detail of the work undertaken to date by both Marion Smith in her role as Community Networker and Hugh Wright in his role as Community Health Co-ordinator was also provided. Noted from discussion was:</p> <p>6.1 NHS Highland public health practitioner to be tasked with forming a working group of development officers within the</p>	NHSH	Joanna Hynd/Nancy Campbell	

		Lochaber area that would form a networking/reference group. 6.2 Hugh Wright to come back to a future meeting of the District Partnership.	HC	Emma Tayler	
7	Joint services AOCB & Comments from the public on items	No business.			
8	Adult Services Staffing (verbal update)	Joanna Hynd provided a verbal update on staffing. Points for noting were: 8.1 Work continues with Children's services on the co-location of staff. 8.2 The "Nimblefingers" project was highlighted as being a good example of integrated working. 8.3 Work continues with the third sector on the delivery of services. 8.4 Joanna Hynd will commence her new post of Director of Adult Social Care on 14 July.			
9	Referral Pathway	Joanna Hynd spoke to the previously circulated report and asked the District Partnership to note the contents. From discussion it was noted: 9.1 The Standard Referral Form is currently being tested. 9.2 Keen to hear feedback/comment on the form. 9.3 Forms are available from the Health and Social co-ordinator or GP surgeries. Further detail about the form will be made available via an article in Lochaber Life monthly publication. 9.4 Following on from the pilot period the aim would be to roll-out use of the referral form to other areas of Highland.			
10	Adult services AOCB & Comments from the public on items	AOCB and public comments were noted as follows: 10.1 Public Partnership Forum – There is still no public engagement forum for the Lochaber area. It was agreed that Joanna Hynd, NHS Highland; Emma Tayler, Highland Council; and Liz MacDonald, Scottish Health Council meet to discuss.	NHSH/ HC/ SHC/	Joanna Hynd	

Lochaber District Partnership

Agenda item	3
Report number	1
Meeting date	28/10/14

Report Title	Lochaber Community Plan – Health Section
Report by	Dot Ferguson, Senior Ward Manager
Organisation	Highland Council

Situation Summary

At the June 2014 meeting of the Lochaber District Partnership it was agreed to re-present the Healthier section of the Community Plan showing the further working detail which has been contributed by partners. Subject to agreement by the LDP this will now go forward to the Lochaber Partnership at their November meeting.

1	<u>Background</u> – as per the agreement at the last LDP meeting partners have now provided further detail regarding the Plan aims, allowing better support for developments and progress against targets to be more easily reviewed and measured.
2	<u>Assessment</u>
2.1	A number of the areas within the Plan have now been considerably expanded by Partners, however there are a number which remain to be populated. Work will continue to have further detail provided.
2.2	An additional section (section 7) has now been added since the Plan was last presented to the LDP. This expands on work carried out in Community Development with the aim of reducing inequality and strengthening community capacity and skills.
2.3	The Lochaber Partnership (the over-arching community planning partnership for Lochaber) will have 'Health' as the theme of its November meeting and will take the opportunity to review and comment on the Plan. The wide-ranging nature of the LP means that a number of agencies and community bodies will have the opportunity to comment. Any comment made will be fed back to the LDP.
3	<u>Summary of actions already completed/in progress</u>
	- partners have populated the plan with more detail - this will be part of an ongoing process to review and update
4	<u>Implications</u>
	a) There are no resource, legal, equality, climate change or risk implications arising from the Action Plan

Recommendation:

The District Partnership is asked to consider the contents of the detailed Action Plan, providing comment or suggested future actions. The Partnership is also asked to consider the additional Section (7) and endorse its inclusion in the Plan.

Lochaber Community plan
 'Healthier Section' – Objective 2
 Further detail regarding plan aims

	High Level statement	Aim		Action detail	Who
1.	Support safe, responsible use of the natural environment for health promoting activity	<p>d. Partners will encourage developments that promote the growing of local healthy foods for own or retail consumption ie creation of allotments, encouragement of local produce markets, social enterprises (food production & retail) & key promotional events</p> <p>e. Partners will review current and explore new opportunities to reduce health inequalities through the use of the natural environment</p>	<p>1.</p> <p>2.</p>	<p>Sustaining and expansion of 'SLUG' allotments in Upper Achintore</p> <p>Establishment of a local food/craft market in Fort William and / or social retail consortium enterprise</p>	<p>SLUG/FCS/HC</p> <p>VAL</p>
		<p>f. Partners will support activity which promotes community members to take up roles as trainers and assessors which in turn support individual and club activity promoting healthy lifestyle choices</p> <p>h. Support initiatives to improve accessibility for young people to engage more readily with health services</p>	<p>1.</p> <p>2.</p> <p>3.</p>	<p>Map the current number of community members involved as trainers/assessors/coaches/tutors around each Associated school grouping.</p> <p>Develop and support existing members.</p> <p>Increase the number of community members to take up these roles.</p>	<p>VAL/HLH/ Lochaber Sports Association/</p>
2.	Jointly promote opportunities for increased physical activity and physical & mental health promotion for children and young people		<p>1.</p> <p>2.</p> <p>3.</p>	<p>Maintain the current provision of HLH Lochaber Youth Clubs and map the voluntary sector youth clubs.</p> <p>Establish a new youth provision in Mallaig.</p> <p>Develop 2 projects per year to engage young people with Health services.</p>	<p>HLH</p> <p>HC</p> <p>NHS/HLH</p>

					HLH
				1. Lochaber Youth Forum members will meet once a term in its own area then as a Lochaber Area twice per year. Lochaber Youth Forum will then attend the Pan-Highland Youth Parliament.	
				2. Young people through the Youth Forum will play an active role in local democracy.	
				1. VAL to continue to operate and develop the toy library with financial support from Highland Council (Early years monies)	VAL
				2. Further develop the use of existing mobile skate and football equipment throughout Lochaber	HLH/NHS
				1. Ensure full community access to new campus facilities in each of the new Lochaber schools	DP
				2. Work in collaboration to establish a design and maintenance model for campus based 'community access' play facilities within the new Caol school	Play improvement group/DP VAL/HC CS
				3. Community consultation – Claggan re: use of developer contributions and enhancement of play facilities	VAL/HC CS
				4. Community consultation – Upper Achintore re: use of developer contributions and enhancement of play facilities	
				5. Establish system/structure to oversee the booking and community use of new school facilities	HC/HLH
				6. Work with Caol community to develop new toddler play area next to new school campus	Caol CC/HC
				7. Implement Plantation community space project inc. new play area	Plantation community Association
				8. Support enhancement of Banavie play park	Banavie play park group/SC
				9. Support the enhancement of Ardgour play park	Ardgour CC
				10. Support the development of new play facilities – Arisaig project	Arisaig Community Trust

3.	<p>Support development of innovative and sustainable family support services which meet the changing needs of our communities</p>	<p>b. Partners will support the development and delivery of parenting courses to ensure those in most need receive the support</p> <p>c. Partners will ensure that family support services are accessible to families across the Lochaber area including those in most need and residing in our rural communities</p>	<p>d. Progress the implementation of the new Violence against Women Strategy, with particular reference to joint provision of support to vulnerable families</p>	<p>c. Partners will explore structures which consider local priorities for alcohol interventions</p> <p>d. Partners will promote the development of community capacity to support self-management of initiatives e.g intergenerational projects and support for older people</p>	<p>f. Partners will work together to sustain and develop the</p>	<p>1. 2.</p>
4.	<p>Encourage the adoption of healthier life choices by providing enhanced, locally based projects and initiatives</p>				<p>Review the Streetwork project. Establish additional activity programmes for young</p>	<p>HLH/HC HLH/HC</p>

		Lochaber Streetwork project which promotes healthier lifestyle choices	3. 4.	people to engage with outdoor learning in holiday time. Youth work staff to support Integrated Children staff working with vulnerable young people. Establish Fusion-multi-activity nights - one per month 3 times per year in the Oct-March period.	HLH/HC HLH
5.	Develop and sustain resources that support personal and community well-being	<p>b. Partners will support the establishment of a business case for future hospital provision on the Blar Mhor site</p> <p>c. Partners will be actively engaged in supporting the development of 21st century care home provision in line with local need</p> <p>d. Partners will support the creation of action plans for medical evacuations from remote areas of Lochaber</p> <p>e. Partners will support the provision of local community medical facilities e.g. defibrillators, with related training</p> <p>f. Partners will support the sustaining and further development of quality facilities & services which encourage the uptake of regular exercise ie sporting facilities, active lifestyle classes etc</p>	1. 2. 3. 4. 5.	<p>Develop and promote the quality and range of activities being delivered by High Life Highland.</p> <p>Investigate the opportunity to develop the old tennis courts at Lochaber Leisure Centre.</p> <p>Work with partners to increase awareness and encourage use of Lochaber Hydrotherapy Pool.</p> <p>Develop a long term plan for the provision of leisure facilities.</p>	HLH HLH/HC/LSA HLH/NHS/HCM AL HLH/HC/LSA

				6.	Invest in training for existing and potential coaches/instructors to improve service delivery. Continue to develop the "You Time" initiative through leisure facilities, libraries and archive centres. Including outreach work to care facilities e.g. Invernevis House. Examine ways to open facilities at key times when young people need them. Eg Multi-activity events (Fusion Nights).	HLH/HC/LSA HLH/NHS HLH
				7.		
					<p>g. Partners will support the sustaining and further development of transport initiatives/services which assist those less able/vulnerable in accessing facilities and services which encourage health and well-being eg. Lochaber transport pilot</p> <p>h. Ensure adequate provision is in place for rescue/medical helicopter landings and refuelling systems</p>	
6.	Jointly promote opportunities which support active healthy lifestyles in older adults				<p>a. Develop and ensure appropriate housing is available for older people</p> <p>b. Develop and support initiatives aimed at combatting fuel poverty</p> <p>c. Ensure appropriate mechanism are in place to give the timely availability of aids and adaptations</p>	

		d. Continue to develop and support preventative services e. Partners to work collaboratively to ensure appropriate information and advice are widely accessible and available on services and support to older adults.			
7.	Jointly explore approaches to increase social capital and strengthen community empowerment to reduce health inequalities and increase health equity in Fort William	a. Partners will support the use of community development approaches to strengthen the capacity of health, community service and education agencies to address the social conditions that develop inequalities in health within Fort William and its environments b. Partners will support the use of community development approaches to address community identified issues related to health and wellbeing c. Partners will support the development of individual skills to strengthen the capacity of community	1 2 3	Develop formal and informal partnerships between Council, NHS, community services, local agencies and education providers Broker and encourage stronger networks between health inequalities and community development practitioners to facilitate more exchange, sharing and coordination Map community strengths and assets	Council/NHS/ VAL Council/NHS/ VAL Council/NHS/ VAL
			1 2 3	Develop and implement a health equity seeding grant program Develop a monitoring and evaluation framework that identifies the key components of a health equity place-based model for replication in other areas of high health inequities Development of health indicators which can be used by projects and agencies to measure the extent to which they are improving health and reducing health inequities	Council/NHS/ VAL Council/NHS/ VAL Council/NHS/ VAL
			1	Participatory action research capacity building training and support	NHS/UH/VAL

		members and other stakeholders to plan and monitor health inequalities and community development efforts in Fort William	2	Support for photo-voice and other community cultural development projects	NHS/UHI and Partners (TBD)
			3	Establishment of a citizen health and wellbeing forum	Council/NHS/VAL

Lochaber District Partnership

Agenda item	4
Report number	2
Meeting date	28/10/14

Report Title	RCOP Highland
Report by	Marion Smith Community Networker
Organisation(s)	Reshaping Care for Older People (RCOP) Highland

Situation Summary

The Lochaber Community Networker post is part of a RCOP Highland wide project funded by the Change Fund to support Communities, the Care Sector and Health and Social Care providers across North Highland. The Community Initiative Fund has now been withdrawn and whilst it is hoped that it may be re-instated after March 2015, this has not been clarified. The Community Networkers, whose posts have been funded until September 2015, will continue to work with third sector/community groups to seed new ideas for providing services, activities or care for older people which, will keep them active, socially engaged and, prevent avoidable admission to institutional care. These groups will also be supported with fundraising ideas and assisted with constitutions and applications for funding.

1 Background

The RCOP Community Networker is working with people to make a real difference in the care and support on offer to older people in the Lochaber community.

Key Objective To ensure that life for older people within Lochaber is full, meaningful and active in which health and social care needs are addressed.

Key Objectives

To improve the quality of life for older people in the Highlands

The local Community Networker will:

- Signpost local projects and activities with target group.
- Support unpaid carers.
- Support communities to bring about effective change.
- Improve service delivery, strengthening links between sectors.
- Work across all sectors to provide the best care possible.
- Link and signpost to improving access to information and resources.
- Facilitate for local communities to have their voices heard at all levels.
- Reduce isolation –promote inclusion.

2	<p><u>Summary of actions already completed/in progress</u></p> <p>Agreement signed between Voluntary Action Lochaber and Highland Third Sector Interface to support the work of the Community Networker post. The RCOP Community Networker is working with a number of organisations to support older people to access funding for activities to promote health and wellbeing in Lochaber.</p>
3	<p><u>Implications</u></p> <p>a) Resource b) Legal c) Equality: The Community Networkers will work in partnership with other agencies to collaborate with older people and their carers in a way that empowers, enables and promotes their confidence and capability for 'supported self-care and self-management'. This mutual partnership is at the heart of outcomes focused and person centred care and support and is the basis on which the Scottish Government have developed and the RCOP Highland Community Networkers will deliver the National Reshaping Care proposals in the Highland region.</p> <p>d) Climate change e) Risk</p>

<p>Recommendation Action being sought from the Lochaber District Partnership.</p>
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Lochaber District Partnership

Agenda item	4
Report number	3
Meeting date	28/10/14

Report Title	Action to Reduce Health Inequalities
Report by	Hugh Wright Community Health Co-ordinator
Organisation(s)	North & West Operational Unit NHS Highland

Situation Summary

The role of the Community Health Co-ordinator (CHC) will be to provide leadership, specialist expertise, co-ordination, advice and support in the Fort William area to support communities to develop strategies to reduce health inequalities. The post will be required to provide effective high level engagement across all functions, liaising with relevant organisations and community groups. (*Position Statement on Preventative Spend and Community Development in Highland*: Margaret Somerville, Director of Public Health, NHS Highland & Bill Alexander, Director of Health and Social Care, Highland Council, September 2013).

1	<p><u>Background</u></p> <ul style="list-style-type: none"> • Fort William has an 18.1 percentage of households earning less than £10K per year. This compares to a Ward average annual income of £30,747, Highland average income of (£33,039) and Scotland (£34,569) (CACI Pay-check 2011). • Fort William has proportionally more of its adult population (31.4%) with no qualification than Lochaber (25.3%); the Highlands and Islands (26.3%); and Scotland (26.8%) (Fort William Profile May 2014 www.hie.co.uk). • The proportion of childhood (P1) either overweight or obese in Lochaber is 17.2. This compares to Highland (15.9) and Scotland (14.9). • Alcohol-related hospital admission rates per 100,000 are high in this District with Fort William North (2073) and Fort William South (1993) whereas NHS Highland is (892) and Scotland (710). • Smoking prevalence is elevated in Fort William South (29.3%) and Lochaber West (27.4%) compared with NHS Highland (25.4%) and Scotland (27.2%). • Early death rates from cancer per 100,000 are also high in parts of this District with Fort William North (147) and Fort William South (158). The rate in NHS Highland is (122) and Scotland (135). (North & West Operating Unit - Health Profiles Lochaber District - December 2013)
2	<p><u>Assessment</u></p>
2.1	Develop key partnerships within Fort William for implementing the Community Health Co-ordinator initiative.
2.2	Develop Fort William Community Health Co-ordinator initiative community and

	service management, monitoring and accountability infrastructure, including agreement with Voluntary Action Lochaber for physical location, joint working and information sharing and Lochaber District Partnership support.
2.3	Profile community assets and strengths and community development resources and, engagement with key partners.
2.4	Develop a monitoring and evaluation framework that identifies the key components of a health equity place-based model for replication in other areas of high inequities.
3	<p><u>Summary of actions already completed/in progress</u></p> <ul style="list-style-type: none"> • Fort William Health and Equity profiling (in progress). • Partnership agreement with VAL for physical location, joint working and information sharing (completed). • Establishment of a local reference group for the Fort William CHC initiative to report to and be supported by (30th Oct 2014). • Agreement with UHI to jointly develop and provide community-led research training and support (in progress). • Development of an Equitable Communities Seeding Grant Scheme (in progress). • Development of a Participatory Action Research project to 1) gain an understanding of youth smoking uptake and cessation issues amongst school and non-school youth populations in Fort William, and, 2) develop strategies which will effectively reduce youth tobacco uptake and promote cessation amongst existing youth smokers (in progress).
4	<p><u>Implications</u></p> <ul style="list-style-type: none"> a) Resource b) Legal c) Equality d) Climate change e) Risk

Recommendation

Action being sought from the Lochaber District Partnership:

Support the work of the Fort William CHC initiative to address health inequalities and, identification of individual members' roles/ contribution to the work.