

LOCHABER DISTRICT PARTNERSHIP

AGENDA

FOR THE MEETING TO BE HELD ON

TUESDAY 27 JANUARY 2015

IN THE COUNCIL CHAMBERS, LOCHABER HOUSE, FORT WILLIAM

THE MEETING COMMENCES AT 2.00 PM

- 2.00pm - 2.10pm - Welcome & Apologies
 - Previous action note of 28 Oct 2014

Children's services

- 2.10pm - 2.20pm 1. Children's services staffing, verbal update (GS)
2.20pm - 2.30pm 2. Lochaber Childcare & Family resource partnership (BG/GS)
 (meeting notes from 25/4/14; 20/6/14 & 10/11/14 attached for info)
2.30pm – 3.00pm 3. Mental health services – young people (BG) (Report 1)
 4. Children's services AOCB & comments from the public on items

Joint services

- 3.10pm - 3.15pm 5. Community planning – health priorities (for info) (ET) (Report 2)
3.15pm - 3.25pm 6. Community health co-ordinator verbal update (HW)
3.25pm - 3.55pm 7. Adapting for change project (LK) (Report 3)
 8. Joint services AOCB & comments from the public on items

Adult Services

- 4.05pm - 4.15pm 9. Adult services staffing, verbal update (LF)
 10. Adult items AOCB & comments from the public on items

Meeting close approx. 4.30pm

LOCHABER DISTRICT PARTNERSHIP

ACTION NOTE FROM THE MEETING HELD ON: TUESDAY 28 OCTOBER 2014 AT 1.00PM IN THE COUNCIL CHAMBER, LOCHABER HOUSE, FORT WILLIAM.

PRESENT: Cllr Bren Gormley (Chair), Dot Ferguson, Gerard Storey, Cllr Margaret Davidson by VC link (part of meeting only) (HC); Tracy Ligema, Liz Featherstone, Dr James Douglas (NHS Highland); Simon Jeffrey (HLH); Ellen Morrison (HC-note)

APOLOGIES: Michael Foxley, Allan Knox, Jan Baird, Allan Henderson, Brian Evans, Emma Talyer, Alasdair Nicolson.

IN ATTENDANCE: Marion Smith (VAL); Hugh Wright (NHS Highland)

REMEMBER TO ADDED IN ITEM NUMBERS.

ITEM	SUBJECT	ACTION AGREED	LEAD	NAMED OFFICER	TIMESCALE
	Previous action note of 24 June 2014	Agreed.			
1	Children's services staffing (verbal update)	Gerard Storey provided a verbal update on staffing at 22 October. Points for noting: 1.1 Practice Lead for Early Years has been appointed. 1.2 Community Early Years Practitioner (12hrs/week) post expected to become vacant in December. 1.3 Practice Lead for School Years to be advertised. 1.4 Band 6 School Nurse post is vacant. Post has been advertised twice and not filled. Current being covered by a Public Health Nurse from the NHS Nurse bank. 1.5 Vacant Social Worker post in the Care and Protection strand of the Family Team to be interviews on 27 November 2014.			

		<p>1.6 A request was made for a more detailed staffing structure for Lochaber to be made available for medical practices. Gerard Storey to discuss with Dr J Douglas.</p>	<p>HC / NHS</p>	<p>Gerard Storey/Jim Douglas</p>	
<p>2</p>	<p>Children's Services AOCB & Comments from the public on items</p>	<p>AOCB and public comments were noted as follows: 2.1 Transition Teams – a request was made for clarification on this subject. Following discussion it was agreed that Liz Featherstone and Gerard Storey meet to discuss the formation of a Transitions Group, this group would also link-in with the high schools. 2.2 How does mental health link re the transition teams? It was explained that children mental health remained with NHS Highland whilst primary mental health workers are employed within Highland Council Childrens Services teams</p>	<p>HC/ NHS</p>	<p>Gerard Storey</p>	
<p>3</p>	<p>Community Planning – Health Priorities (Report No. 1)</p>	<p>Dot Ferguson spoke to the previously circulated report and asked the District Partnership to consider the contents of the detailed Action Plan, provide comment or suggest future actions. The Partnership was also asked to consider the additional Section (7) and endorse its inclusion in the Plan. From discussion it was noted: 3.1 Dot Ferguson to re-circulate action plan to partners for a final opportunity to populate prior to the plan being presented to the Lochaber Partnership meeting on 17 November. 3.2 Simon Jeffrey to make contact with the Highland Council Youth Convener to gain comment on the section.</p>	<p>HC HLH</p>	<p>Dot Ferguson Simon Jeffrey</p>	
<p>4</p>	<p>Action to reduce health inequalities (Report Nos 2 & 3)</p>	<p>Marion Smith, Community Networker spoke to her previously circulated report "RCOP Highland". Action was being sought from the District Partnership. Noted from discussion 4.1 The Community Initiative Fund has been withdrawn. Access to this fund will be a loss to groups in the area. 4.2 Work that is currently being done to assist groups in the</p>			

		<p>Lochaber area. This includes identifying alternative funding sources ie. ward discretionary fund.</p> <p>4.3 High Life Highland keen to become involved with any appropriate projects. This would be good opportunity of intergenerational work.</p> <p>Hugh Wright, Community Health Co-ordinator spoke to his previously circulated report "Action to Reduce Health Inequalities" The District Partnership were asked to support the initiative to address health inequalities and, identification of individual members roles/contribution to the work. Noted from discussion:</p> <p>4.4 Work progress undertaken to date was given.</p> <p>4.5 Establishment of Reference Group – a meeting to discuss this to be held on 30 October. Suggestions for inclusion on reference group included: early years; occupational groups, migrant workers forum.</p> <p>4.6 Once the Reference Group is established how will strategies/actions be developed? It is envisaged that the group will be ever-evolving.</p> <p>4.7 Further engagement with health colleagues was encouraged in order that more detail on percentages/numbers of social groups affected by health inequalities could be sourced.</p>	<p>NHSH</p> <p>Hugh Wright</p>	
<p>5</p>	<p>Joint Services AOCB & Comments from the public on items</p>	<p>No business.</p>		
<p>6</p>	<p>Adult services staffing</p>	<p>Liz Featherstone provided a verbal update on staffing. Points for noting: 6.1 Current Vacancy exists within Learning Disability team.</p>		

	(verbal update)	<p>6.2 Professional lead has now been appointed for Occupational Therapy appoint.</p> <p>6.3 Public Health Practitioner has now returned to work following maternity leave.</p> <p>6.4 Health Improvement worker about to commence post</p> <p>Other general points noted:</p> <p>6.5 Work on a "single point of contact" is ongoing.</p> <p>6.6 Small Isles (Rural Support Team) - NHS Highland in process of engaging services of GP's and advanced nurse practitioners to cover the Small Isles and Acharacle. This will also include cover of the Out of Hours.</p>		
7	Adult Services AOCB & Comments from the public on items	<p>AOCB and public comments were noted as follows:</p> <p>7.1 MacKintosh Centre, Mallaig – under interim management, day care continues with NHS Highland still working towards returning residents to the Centre. Aim for this is the end of November. Bathroom facilities have been upgraded and bedrooms have been redecorated. Large scale investigation now concluded by NHS Highland with information passed to Police Scotland. A further NHS Highland investigation with staff who are not currently at work is to happen. Tracy Ligema/Liz Featherstone confirmed that they will provide updates to Councillor Allan Henderson</p> <p>7.2 Care at Home update – ongoing recruitment challenges within rural areas in recruitment for this within rural areas. Further work on developing this service is ongoing.</p> <p>7.3 Disabled parking spaces at Belford Hospital - use by non-disabled staff/visitors continues. Discussions to resolve this matter are ongoing. Meantime, any information on inappropriate use can be passed to Tracy Ligema/Marie Law.</p> <p>7.4 Cllr Margaret Davidson requested a briefing on matters within</p>	<p>NHSH</p> <p>NHSH</p> <p>NHSH</p>	<p>Tracy Ligema/ Liz Featherstone</p> <p>Tracy Ligema.</p> <p>Tracy Ligema/ Liz</p>

		<p>Fort Augustus/Invermoriston area.</p> <p>7.5 Dailimhor House, Strontian - no further update at present. Business continuing as usual with interim management. 3 permanent residents with 3 respite beds.</p> <p>7.6 Liz MacDonald, Scottish Health Council advised on current work being undertaken along with partners on "Stronger Voice" project. Liz to provide weblink for circulation to LDP members information.http://www.scottishhealthcouncil.org/patient_public_participation/stronger_voice/stronger_voice.aspx</p>	<p>Scottish Health Council</p>	<p>Featherstone</p> <p>Liz MacDonald</p>	
	<p>Dates for 2015</p>	<ul style="list-style-type: none"> • Tuesday 27 January • Tuesday 28 April • Tuesday 30 June • Tuesday 27 October 			

Minutes of
Area Childcare Patnrnership Meeting
Held at Lochaber House on Friday 25 April 2014

Present: Councillor Bren Gormley (BG), Chair
Norma Young (NY), Area Education Manager
Alan Richards (AR), Health Development Officer
Isaac Williamson (IW), Childcare & Family Resource Officer
James Mctaggart (JM), Educational Psychologist
Dr Michael Foxley (MF), Comann Nam Parant
Gerard Storey (GS), District Manager West, Children's Services
Sam Brogan (SB), Resource Manager, Early Years
L Melrose, Nevis Nippers; M Page, Nevis Nippers; M Head, Stramash Outdoor Nursery; J McWhirter, CALA; Joanne McHale, Bord na Gaidhlig; Karen Coltart, Nevis Bank Nursery; Anna Skea, Nevis Centre Nursery; Lorraine Revitt, Lochaber Women's Aid; Lynne Ross, Childcare & Family Resource Officer, North; Mairi MacColl, PT Fort William Primary; Claire Wynne, Fort William Job Centre; Caroline Haines, Centre Upper Achintore Playgroup; Carole Graham, Kilmallie Playgroup & Day care; Mary Kordiak, PT Mallaig Primary School; Lorraine Shepherd, PT North Ballachulish.

Apologies: Gillian Pincock, PHN Area Manager West

Introductions

BG welcomed everybody and explained that there are major changes occurring within Children's Services and asked Gerard Storey, District Manager, Children's Services West to summarise these changes.

GS explained that as from Monday 28 April 2014 Health & Social Care and Education are integrating to form a new "Care and Learning Service". Bill Alexander will be the Director of the new service. Norma Young is the Area Manager Designate for the Care & Learning Service for the West.

Family Teams will sit within this new service. These teams will be formed from current multi-agency teams. Each Family team will consist of 3 Practice Leads covering Child Protection, School Years and Early Years. Recruitment is still taking place for the Family teams which are targeted to go live on 1 October 2014.

The ultimate aim of the Family Teams is to deliver much more effective and responsive services and to focus on early years and early intervention in a child's life. GS added that Playgroups, Nurseries and Schools will all have a link to these Family teams.

Ideally the staff forming the Family team would be co-located. However, this is currently not possible due to the building constraints within Lochaber. Fulton House, Gordon Square is currently the main hub for the majority of the Family team; the lease has been extended year on year until a more appropriate solution has been identified. The 3 Practice Leads will be based at Fulton House.

Introduction to Alan Richards, Health Development Officer

AR confirmed that this is a new post and the role will change as it evolves. The post covers all of the Highlands and working closely with the "Supporting Parents Improving Group".

The key aim of the post is developing parenting support and supporting parents. This will be done on 2 levels. 1. Universal services for parents particularly from Health Visitors and Midwives and standardising practice. It is anticipated that there will be a universal approach and training for all practitioners; for example the "Solihull Approach" is being adopted. 2. Specialised areas where parents need more support related to the needs of the child. For example, the use of Child Plans.

There will be specialised training for staff that are in a position to deliver training with accredited training policies.

AR added that he was currently not yet clear how the Family teams will be involved in delivering this service, however they are key to the delivery and the emphasis will be on Early Intervention working with 2, 3, 4 year olds – pre-school age.

AR agreed that it is not easy to change attitudes that parenting training is viewed as a negative thing and a perception that this means that parents must be bad parents if training is needed? However, all parents can benefit from some training at the right time and AR suggested that taking parents along to see a group in action and giving examples of how training has been effective and perhaps involving parents that have already received training.

AR reiterated that the new Family team will have a role in supporting staff in Nurseries/Playgroups/Schools.

Introduction to James Mctaggart, Education Psychologist

JM confirmed that this is a new post which will develop and evolve as a response to all that is going on in Early Years. JM explained that he will be spending the first few months listening to what the issues currently are and what can a psychologist do to help.

JM listened to some of the concerns.

- Health Visitors (HV) are under staffed; their role is so pivotal and this is causing a bottle neck. The HV is generally the Named Person. There can be a wait of ¾ of a term before the child is observed.

JM explained that the remedy would be to have more HVs (which may not be feasible) or perhaps look at the processes/tools and what is available to current staff to try meanwhile (whilst they are waiting).

- More advice on how to deal with children with behavioural difficulties would be welcomed. It appears that most training courses are based in Inverness and therefore difficult to access for staff.

JM acknowledged this and explained that follow up training days is so critical to ensure that initial training has been effective. JM also suggested Self-help sessions could be an effective training method.

NY explained that it is important to have regular contact and communication and flexibility until the Family Team model has been clearly developed and defined.

Budgets

IW offered a brief summary of the budget situation. New budgets for the current year will be available at the end of the month. "Every penny" of last year's budget had been spent. It is hoped that the same level of budget will be set for this year (same level as 2013/14). There is concern about the out of school club at Inverlochty – the role has been falling, but appears to be on the increase again. IW asked that all childcare services promote the Out of school club to increase awareness and maximise uptake.

The CPD training calendar will soon be coming out.

IW highlighted the new Children's Services Directory, which is being developed and will be emailed to organisations for reference. This directory will collate all child care services across the area.

NY stated that there have been concerns from the Partner Providers that they were not getting sufficient information. Has this now been addressed? IW explained that SB has been made aware of this and has been in touch with service managers.

There are concerns from Partner Providers in respect of the difference in pay between public and private sectors. The perception being that pay is significantly higher in the public sector in

comparison to the private sector. The point was made that the same quality of learning/facilities is expected in both sectors, yet there is a discrepancy in pay rates.

Sam Brogan (update on the 600 hours)

SB referred to the 6 new Local Authority posts that have been advertised – 4 in Inverloch and 2 in Caol Primary. Most of the new 146 posts across Highland are in the Inverness and Moray Firth Areas, save the 6 mentioned above.

Referring to the disparity in wages (between the public and private sectors), SB explained that there has and will likely always be a disparity. The current Commissioning rates have gone some way to addressing this; to give workers a slight uplift in the Voluntary Sector. SB stated that they had worked closely with CALA in respect of the Practitioner and Support Worker rates of pay.

BG acknowledged that SB can only work with the budget that she has been given, but confirmed that he will be raising the issue of pay disparity with the Chair, Alasdair Christie.

SB confirmed that they are on track to deliver the 600 hours for the target date of 14 August 2014. The Scottish Government has asked for consultation between Communities/Providers/Parents to determine what the 600 hours will look like in the future. However, in the meantime this will follow the current pattern.

Dr Michael Foxley asked SB if an email/communication could be sent out explaining what is proposed to be happening in respect of the implications of delivering the 600 hours. For example what are the Capital Works that are needed to meet these requirements? What implications will this have on the availability of staff and what are the training needs?

SB explained that there are no additional significant capital works required in order to meet the 600 hours. However, if these hours were going to be increased in the future there may well be considerable capital works required.

MF also highlighted the transport difficulties within the Highlands in comparison to more urban areas; that it was 30/40% more expensive to live in the Highlands than towns.

MF asked what plans are in place for wrap around of these proposals within the Gaelic Unit. The initial uptake of new Gaelic Units may be low, but historically numbers significantly increase, and this should be taken into account for future planning.

A.O.C.B.

None

Date of next meetings:

Friday 20 June 2014 at 13:00 in Council Chambers, Lochaber House

Friday 24 October 2014 at 13:00 in Council Chambers, Lochaber House

Minutes of
Area Childcare Patnrship Meeting

Held at Lochaber House on Friday 20th June 2014

Present: Isaac Williamson (IW), Childcare & Family Resource Officer
Dr Michael Foxley (MF), Comann Nam Parant
Jennifer McWhirter, Toddler Group Facilitator, CALA
Mairi MacColl, PT LHS ASG
Morag Head, Stramash Outdoor Nursery
Mairi Page, Nevis Nippers Playgroup
Carole Graham, Kilmallie Playgroup

Apologies: Bren Gormley
Norma Young
Caroline Haines
Anita Skia
Karen Colthart
Lorraine Shepherd
Sam Brogan

Introductions

IW welcomed everybody and outlined the items in the agenda.

Response to Gaelic Wrap Survey

Overall there has not been a great response to the Gaelic wrap survey with a return of fourteen. The numbers are relatively low (three for Monday, Tuesday and Friday, five for Wednesday and four for Thursday) and not enough to sustain a service. With the projected numbers it would be looking at running with excess of £10,000 per annum of a deficit. Would require the numbers to double to justify the cost of wages (Assistants and Auxiliaries). It is very unlikely it will go ahead. There have been a number of comments returned to IW with mixed opinions. IW invited questions and stated he would speak to Sam in relation to these and get answers emailed out of he was not in a position to answer. MF stated that he'd hoped there would a commitment to start in 2015 and there should be serious consideration for a trial as there is a government commitment to double Gaelic education within 5 years. IW commented that this will take time to negotiate however he will continue discussions with Sam and continue to monitor any developments.

Round table Feedback from Service Providers

IW feels that the agendas for these meetings should be set by service providers and should address any issues or problems they may be having. He invited the Service Providers to update the group.

Morag Head from Stramash Outdoor Nursery – Making great progress with Nursery in Fort William. Stramash has been running in Argyll and Bute for a year past August. There are currently no spaces in Oban's nursery and all feedback is positive. Lottery funding has been secured for 2 years and there is a hope for Social Enterprise within that time frame also.

The nursery development in Fort William will be an outdoor nursery for 3 year olds utilising outdoor space to encourage children to be more active. Currently working closely with Highland Council to get things up and running. The nursery will be opening in August with 40 families currently committed following a successful open day in February which was well attended and the registration

week in March was also very positive. Induction was Wednesday past and, again, was very positive and generated more uptakes. Currently the site is a blank canvas with the safety fences already in place.

The nursery will run 8.30am to 5.30pm five days per week and will support shared placements. Most of the team have already been appointed including Cameron Sprague who will be the nursery Team Leader. In total there will be one Team Leader, 2 Practitioners, 4 apprentices and Morag herself.

Core Inspectorate are happy with progress and will meet with Morag again next week.

Morag outlined her hopes for the nursery and expressed her desire to work closely with other nurseries and hopes they can bounce off each other.

It is hoped that the nursery will be open 50 weeks and in the school holidays it will adopt a similar approach to the scheme in Oban which is able to offer different activities each day and a flexible approach is adopted with Parents being able to "pick and choose" the days which children attend depending on the activities and payment is per day. Morag said that this approach ensures the nursery can be flexible and accessible.

Morag discussed being able to offer apprenticeships which will be for a period of 2 years and be SQA registered. There is no current "stay on" expectation and jobs cannot be guaranteed at present however they will be educated to SVQ level 3.

IW asked if the nursery will be ready for the August start day and MH informed it will. IW also asked how much outdoor time there will be. MH informed that at present there is no laid down formula however there is an expectation to be outdoors approx. 85% of nursery time. Outdoor clothing will be provided if necessary. Safety aspects of the nursery have all been thoroughly checked and there are no issues and all positive comments so far. Morag more than happy to show anyone around including the indoor space which will be mainly the old dance hall, bar and café facilities and eventually there is a hope for Hobbit Houses to be built within the grounds. The current toilets will be used which are normal sized toilets. Baby seats and stools will be provided and there will be a portapotty and toilet tent for use outdoors. All will be done discreetly. Long term there are plans in place for a meadow, paths within the grass area, an orchard area, a sensory garden and the sports fields will be utilised. It is also the long term plan to offer Gorge Walking, Kayaking, bush craft and canoeing for the 8-17 age-groups.

Mairi MacColl – There has been an increase in shared placements. Looking at the flow of communication to support continuity of learning and working hard to develop strategies which will assist with this. The local networking group, made up of Heads of Settings from the voluntary/private sector is a useful mechanism in which to support ways of sharing communication. The group meets regularly. Parents also have an important role to play in a 'shared placement' context. Further council guidance in respect of 'good practice' re shared placements would be welcomed. Agreed by the group. Need to address what we are doing and what we can do better to meet this increasing challenge. IW confirmed he is not overly familiar with the set-up and would like more information, suggested and agreed to invite Glyn to the next meeting.

Jennifer McWhirter – Currently supporting thirteen toddler groups with 140 registered children. Assists with Parent Committees, play at home, baby massage and much more. With regard to the PSP project, JM is the Volunteer Co-ordinator for Lochaber and works alongside AFC and homestart to support young families. Referrals come through AFC, Social Work and Health and all the volunteers are PVT'd, trained and fully supported. No child plan is required. Pilot project will run to March 2015 and it is hoped early intervention will eliminate the need for a child's plan in some cases. CALA website has been revamped and renewed with better links and is much more user friendly. There have been several issues with recruiting staff for the bank and this is being addressed. There are more vacancies within CALA including Cameron's post.

Carole Grahame – Playgroup is struggling as the numbers are very low, costs are very high and the building is old so therefore most costly. Funding is difficult to come by and rely a lot on fundraising by parents and the local community. Daycare will be closing at the end of July. IW will discuss issues with Sam. IW commented to Carole that it is a very good service. 14 children are starting next term, the playgroup values parent's choice and the group involved are very driven. IW also commented that in terms of networking and supporting each other, the Lochaber area has very good links which should be maintained.

Budget Update

Budget will be set at the same level as last year (£198,800.41). Last year £2500 in funding was paid out in Lochaber. IW encouraged group to use the applications and get them in ASAP at the start of the financial year. IW will send a blank application to the group while staff costs won't be funded, groups should be creative and apply for the money as other areas do and the money should be well spent and evenly balanced. Strict criteria must be met but all groups should consider applying for one off costs.

IW thanked everyone for attending.

Date of next meeting: 24th October 2014 at 1pm, Council Chambers, Fort William.

Minutes of
Area Childcare Partnership Meeting
Held at Lochaber House on Monday 10 November 2014

Present:	Sam Brogan (Chair),	Resource Manager – Early Years
	Isaac Williamson,	Childcare & Family Resource Officer
	Jennifer McWhirter,	Toddler Group Facilitator, CALA
	Mairi MacColl,	PT LHS ASG
	Cameron Sprague,	Stramash Outdoor Nursery
	Carole Graham,	Kilmallie Playgroup
	Kate Gray,	Health Visitor
	Lorraine Rivett,	Lochaber Women’s Aid
Apologies:	Bren Gormley,	Councillor
	Norma Young,	Area Education Manager - West
	Caroline Haines,	Upper Achintore Playgroup
	Lorraine Shepherd,	Principal Teacher Pre School
	Claire Wynne,	Job Centre Plus
	Gerard Storey,	Lochaber District Manager (Care & Learning Service)
	Michael Foxley,	Comann Nam Parant

Introductions

Sam welcomed everybody and brief introductions took place.

Round Table Feedback from Service Providers

- Cameron from Stramash advised that there had been a lot of progress with the nursery; they have enrolled 6 new children since October. Staff wise they currently have 4 apprentices, 2 Practitioners and a Manager. Support from parents has also been very good. They have secured a builder and funding for the development of their new shelter which will comprise of two wooden yurts and a bridge; the aim is to look like Inverloch Castle. The project is hoped to be finished by March 2015, though subject to Planning consent. There are also plans to build a tree house. They are working with the Woodland Trust and plant 420 trees including an orchard.
- Jennifer McWhirter currently supports 14 toddler groups across Lochaber. Advised that there are an increasing number of parents seeking details. Public Social Partnership a partnership with Highland Council, Homestart Caithness, Homestart Ross & Cromarty, Action for Children & CALA Family Support – 4 fully inducted members of staff with 2 interviews planned next week; working with 2 families currently.
- Mairi McColl advised that the 600 hours early years posts have bedded in well and that the cross over from morning to afternoon sessions has worked very well despite initial concerns. Added that cross-over of staff (between sessions) is working and teams are managing to get together when required for around 10 minutes for briefings. Continuing Professional Development (CPD) is very positive.
- Lorraine Rivett advised that Lochaber Women’s Aid provide a service for Children and Women that have suffered domestic abuse. They currently have 2 workers who have the same qualifications as a Practitioner. They support 10 children at the moment and feel that referrals from Education are very low. Lochaber Women’s Aid is currently registered with the Care Commission as a “Day Care of Children” provider; there are no current plans to de-register, though this is an option. The service is at the end of their 3 year funding block and will be applying for 1 year funding in March 2015. 25 November 2014 is the start of the Lochaber wide “16 Days for Action” about keeping Women/Girls safe – Lochaber High, Fort

Augustus, Kinlochleven and Ardnamurchan High Schools are running awareness sessions. Posters are also available. In respect of the New Educational Pathway on Bullying, Safe Relationships etc. LWA is one of the agencies that can deliver these sessions if not undertaken by teaching staff.

- Carol from Kilmallie Playgroup confirmed that 3 children joined the Kilmallie Playgroup since the October holidays. Agreed with Mairi that the embedding is going well with the 600 extra hours but that some younger children are struggling with the length of time. As a result they are adjusting timed snacks to accommodate this. Also confirmed that they are constantly changing the layout/format to see what works best.
- Kate Gray confirmed that there is a new Practise Lead starting in January 2015. Kate and Cameron from Stramash are to liaise so that there is a link with the nursery to the health visitors. Kate advised that the health visitors have a meeting with lead professionals every few months in Camaghael to discuss if children need extra support, Carol advised that there is not much feedback from parents on enrolments forms regarding any concerns that they may have with their children and wonders if maybe nurseries should be involved in this meeting? Confirmed that all nurseries have a named Health Visitor and staff should promote this to.
- Sam Brogan advised that information around the 27/30 month review need to be better shared with providers and that she has spoken to James McTaggart, Educational Psychologist about this .
- Carol would like to be more involved with the “Stay Strong and Free” campaign and should liaise with Banavie School regarding this. It appears that Kilmallie playgroup haven’t had info as traditionally haven’t taken 4 year olds who are entitled to access Safe, Strong & Free

Mapping

The aim is to establish a database for each area highlighting minimum requirements for each key stage with all contact details. This will emphasise what everybody “should have” and “must have”. A read only database will be sent out. All parties are asked to provide feedback (on the relevant sheet) in order that the database can be updated/populated to see what services each area currently provides or needs to provide.

2 Year Old Provision Update

The Workless Household Eligibility is now in Statute (from 1 November 2014).

HC has written to all child minders and 135 out of 300 registered child-minder’s in Highland are interested in providing a service to eligible 2’s. All full day care providers have also agreed to deliver this. As an incentive the child minders have been offered £500.00 up front and £5.00 per hour. It is estimated that 370/400 children are eligible for funded sessions. The main aim of this is to get parents back into work before their child goes into P1. It is felt from feedback from Wick/Ullapool and Milburn Academy in Inverness that the consensus is that parents do not want 2 years olds in school.

Families who are eligible for the 600 hours for their 2 year old should contact Clachnaharry & the relevant paperwork will be sent out Advised that the 600 hours can be flexible, but cannot be taken over fewer than 38 weeks / with a maximum of 16 hours per week and no more than 8 hours per day.

Budgets Update

Total budget for 2014/15 for Skye, Ross and Lochaber is £198,831.00 total expenditure to date £108,294.07 which leaves a balance of approx. £90,000. £9823.67 has been spent to date in Lochaber. Isaac is not aware of any large expenditure up until March 2015 and encouraged members to apply for funding if necessary.

A.O.C.B

There has been no feedback from National/Highland Gaelic Medium colleagues so Isaac asked that this topic carried forward to the next meeting when hopefully Colleagues will be able to attend
Date of next meeting – TBC by Isaac Williamson.

Lochaber District Partnership

Agenda item	3
Report number	1
Meeting date	27/01/15

Report Title	Mental Health Services – Children & Young people
Report by	Cllr Bren Gormley
Organisation	The Highland Council

Situation Summary

On 2 December 2014, The Highland Council Wards 12 and 22 Elected Members facilitated a Ward Forum for young people. 68 questions were raised by the young people under a number of headings – Health; Transport and Safety; Education; Youth services and facilities for young people; Crime & anti-social behaviour. The District Partnership is asked to consider the concerns raised, respond and action as appropriate.

1 Background

At the December Lochaber Wards Forum a number of concerns were raised in writing and on the night in regard to health services for young people. The questions/concerns put forward were:

1. Could schools / youth centres have a place where Sexual Health stuff is available (condoms, tampons etc.) Somewhere discreet?
2. Why can't we have better mental health services in Ardnamurchan? What counselling, access to mental health services is available across Lochaber.
3. Why can't we have specialised mental health professionals visit Ardnamurchan to provide regular and serious support to young people?
4. Why can't we have scheduled visits by the school nurse so that all pupils know when she's in school?
5. Why do some Health staff not treat young people with the same respect as adults e.g. some staff come across as judgemental and uninterested?

There was a particular focus by the young people (from all geographic areas within the District) at the Forum on mental health services. Concerns were raised regarding ease of access to support services, availability of services and referral routes.

The Forum agreed that these concerns would be raised at the Lochaber District Partnership where there could be full consideration on how services could be better delivered.

In addition Elected Members were made aware of a mental health project running (delivered by a third sector provider) that is supporting Lochaber High School pupils. Kinlochleven High School is also looking to have a similar service run. These services have financial implications for the schools concerned.

2	<u>Assessment</u>
2.1	The District Partnership needs to consider the points raised in discussion with The Highland Council Health and Social Care Service and NHSH.
2.2	The development and delivery of additional or complementary mental health services (by the third sector) for young people in the District needs further discussion due to the financial implications for schools and/or area budgets. There is also a requirement to better understand the need for and impact of such services.
3	<u>Summary of actions already completed/in progress –</u> <ul style="list-style-type: none"> - The District High Schools (HTs/guidance staff) have been invited to participate in discussion on this item at the District Partnership - The Health and Social Care Service have been asked to prepare a response to the District Partnership to the concerns raised by the young people. -
4	<u>Implications</u> a) Currently there are no implications arising from this report

Recommendation	
<p>The Lochaber District Partnership is asked to:</p> <ol style="list-style-type: none"> 1) Consider the 'health' points raised by the young people at the Ward Forum on 12 December 2014 and take action as appropriate. 2) Consider any evidence in support or otherwise for additional or complementary health services for young people; put in place a plan of action in regards to District financing as/if appropriate. 	

Lochaber District Partnership

Agenda item	5
Report number	2
Meeting date	27/01/15

Report Title	Lochaber Community Plan – Healthier Section
Report by	Emma Taylor, Assistant Lochaber Wards Manager
Organisation	The Highland Council

Situation Summary

At the October 2014 meeting of the Lochaber District Partnership and subsequent meeting of the Lochaber (community planning) Partnership – agreement was reached on the main content of the Healthier section of the Lochaber community plan. Members are invited to note the final content and adopt.

1	<u>Background</u> The Lochaber District Partnership agreed to take ownership of the Healthier Section of the Lochaber Community Plan at their meeting in April 2014. Work has taken place to review content and agree a new set of priorities.
2	<u>Assessment</u>
2.1	The plan now reflects partner input (as attached).
2.2	As per previous discussions, the District Partnership may wish to consider how it will promote the plan to the wider community and engage in on-going reviews - noting that this document will remain fluid as new priorities emerge and others are achieved.
3	<u>Summary of actions already completed/in progress –</u> <ul style="list-style-type: none"> - Working group met 12 July 2014 – initial review complete - Further populated at the District Partnership meeting on the 28 October 2014 and Lochaber Partnership meeting 17 November 2014.
4	<u>Implications</u> a) Currently there are no implications arising from this report

Recommendation

The Lochaber District Partnership is asked to:

- 1) Adopt the finalised Healthier Section of the Lochaber Community Plan,
- 2) Ensure engagement with District communities in regard to the on-going review of the priorities
- 3) Monitor progress against plan priorities
- 4) Report back to the Lochaber Community Planning Partnership every 18 months.

Lochaber Community plan
 'Healthier Section' – Objective 2
 Further detail regarding plan aims

High Level statement	Aim	Action detail	Who
1. Support safe, responsible use of the natural environment for health promoting activity	<p>d. Partners will encourage developments that promote the growing of local healthy foods for own or retail consumption ie creation of allotments, encouragement of local produce markets, social enterprises (food production & retail) & key promotional events</p>	<ol style="list-style-type: none"> 1. Sustaining and expansion of 'SLUG' allotments in Upper Achintore 2. Establishment of a local food/craft market in Fort William and / or social retail consortium enterprise 3. Expansion of allotments scheme. Highland Council to write to community councils to gauge interest and subsequently advise what could be available 	<p>SLUG/FCS/HC</p> <p>VAL</p> <p>HC</p>
	<p>e. Partners will review current and explore new opportunities to reduce health inequalities through the use of the natural environment</p>	<ol style="list-style-type: none"> 1. Raise awareness of the environment through increased promotion 2. Ensure adequate infrastructure 	<p>SNH / Scot Canals / Third sector</p>
	<p>f. Partners will support activity which promotes community members to take up roles as trainers and assessors which in turn support individual and club activity promoting healthy lifestyle choices</p>	<ol style="list-style-type: none"> 1. Map the current number of community members involved as trainers/assessors/coaches/tutors around each Associated school grouping. 2. Develop and support existing members. 3. Increase the number of community members to take up these roles. 	<p>VAL/HLH/ Lochaber Sports Association/</p>
2. Jointly promote opportunities for increased physical activity and physical & mental health promotion for children and young people	<p>h. Support initiatives to improve accessibility for young people to engage more readily with health services</p>	<ol style="list-style-type: none"> 1. Maintain the current provision of HLH Lochaber Youth Clubs and map the voluntary sector youth clubs. 2. Establish a new youth provision in Mallaig. 3. Develop 2 projects per year to engage young people with Health services. 	<p>HLH</p> <p>HC</p> <p>NHS/HLH</p>

				HLH
			<p>1. Lochaber Youth Forum members will meet once a term in its own area then as a Lochaber Area twice per year. Lochaber Youth Forum will then attend the Pan-Highland Youth Parliament.</p> <p>2. Young people through the Youth Forum will play an active role in local democracy.</p>	VAL
			<p>1. VAL to continue to operate and develop the toy library with financial support from Highland Council (Early years monies)</p> <p>2. Further develop the use of existing mobile skate and football equipment throughout Lochaber</p>	HLH/NHS
			<p>1. Ensure full community access to new campus facilities in each of the new Lochaber schools</p> <p>2. Work in collaboration to establish a design and maintenance model for campus based 'community access' play facilities within the new Caol school</p> <p>3. Community consultation – Claggan re: use of developer contributions and enhancement of play facilities</p> <p>4. Community consultation – Upper Achintore re: use of developer contributions and enhancement of play facilities</p> <p>5. Establish system/structure to oversee the booking and community use of new school facilities. This should be established immediately and not after a facility is open.</p> <p>6. Work with Caol community to develop new toddler play area next to new school campus</p> <p>7. Implement Plantation community space project inc. new play area</p> <p>8. Support enhancement of Banavie play park</p> <p>9. Support the enhancement of Ardgour play park</p> <p>10. Support the development of new play facilities – Arisaig project</p>	<p>DP</p> <p>Play improvement group/DP VAL/HC CS</p> <p>VAL/HC CS</p> <p>HC/HLH</p> <p>Caol CC/HC</p> <p>Plantation community Association</p> <p>Banavie play park group/SC</p> <p>Ardgour CC</p> <p>Arisaig Community</p>
			<p>i. Encourage the further development of the Lochaber youth forum to initiate activity/projects that promote healthier lifestyle choices</p>	
			<p>j. Promote and encourage the use of mobile play resources available to the Lochaber area</p>	
			<p>k. Complete the implementation of the local play park strategy and promote the principles of the Highland Play Strategy</p>	

					Trust
3.	<p>Support development of innovative and sustainable family support services which meet the changing needs of our communities</p>	<p>b. Partners will support the development and delivery of parenting courses to ensure those in most need receive the support</p>	1.	<p>The Psychology of Parenting Project (PoPP) is in the process of being rolled out in Highland. This project is aimed at improving the availability of high-quality evidence-based parenting programmes for families with young children who have elevated levels of behaviour problems. There is a commitment from the Family team in Lochaber to provide staff to deliver these programme locally.</p>	Lochaber Family Team.
		<p>c. Partners will ensure that family support services are accessible to families across the Lochaber area including those in most need and residing in our rural communities</p>	<p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p>	<p>A Public Sector Partnership comprising Action for Children, the Care and Learning Alliance and Home Start is piloting a programme, in partnership with each other to deliver family support services. This service will provide a flexible community support service with a focus on supporting families at the time of need including weekends, school holidays and in the evenings; helping parents to build on their parenting capacity; enabling them to find their own solutions; while keeping the child at the centre.</p> <p>The support service will be offered too parents on a voluntary basis. CALA and Homestart will link with the families with volunteers helping the family to access community based services in their area.</p> <p>Action for Children, CALA and Homestart will provide an early intervention, universal service for children 0-8 covering the period Monday to Friday.</p> <p>Action for Children will provide a complimenting service to these children delivered in the evenings, weekends and during holiday periods.</p> <p>Families will be offered activities or supported to access</p>	Action for Children / CALA

			community resources including leisure services.	
6.			CALA and Homestart will provide a network of volunteers to help parents access services and appointments required.	
			Maintain effective regular monthly multi-agency meetings	
			1. Progress the implementation of the new Violence against Women Strategy, with particular reference to joint provision of support to vulnerable families	
4.	Encourage the adoption of healthier life choices by providing enhanced, locally based projects and initiatives		1. Partners will explore structures which consider local priorities for alcohol interventions	NHSH
			2. Partners will promote the development of community capacity to support self-management of initiatives e.g intergenerational projects and support for older people	NHSH
			1. Partners will work together to sustain and develop the Lochaber Streetwork project which promotes healthier lifestyle choices	NHSH/HC
			2. Partners will support the development of community capacity to support self-management of initiatives e.g intergenerational projects and support for older people	NHSH
			3. Partners will work together to sustain and develop the Lochaber Streetwork project which promotes healthier lifestyle choices	NHSH/HC
			4. Partners will support the provision of Men's Shed type activities	NHSH/HC
5.	Develop and sustain resources that support personal and community		1. Continue to support/progress plans for future hospital provision as opportunity arises and seek early establishment of Steering Group	NHSH / HC

	well-being	provision on the Blar Mhor site	2.	Belford Hospital replacement is on NHS Highland Capital Plan	NHSH
		c. Partners will be actively engaged in supporting the development of 21 st century care home provision in line with local need	1.	Maintain appropriate levels of care home provision locally in line with community needs	NHSH
		d. Partners will support the creation of action plans for medical evacuations from remote areas of Lochaber	2.	Ongoing review of local provision in order to ensure balance of residential and nursing care beds provided is appropriate	NHSH
		e. Partners will support the provision of local community medical facilities e.g. defibrillators, with related training	1.	Ongoing medical support for evacuation plans through partnership between NHS Highland and SAS.	NHSH/SAS
		f. Partners will support the sustaining and further development of quality facilities & services which encourage the uptake of regular exercise ie sporting facilities, active lifestyle classes etc	2.	Robust contingency plans in place to support delivery of remote health care particularly in adverse conditions e.g. severe weather	NHSH/SAS
			1.	Link with SAS to support delivery of local First/Emergency Responder groups particularly in remote/rural areas	NHSH/SAS
			2.	Develop use of technology e.g. telehealth to support local communities to increase self-management of health conditions	NHSH
			3.	Continue programme of purchase of defibs and raise public awareness of availability / location / ease of use of defibs	SAS / SFRS
			4.	Raise awareness / action on community resilience	CSAT
			1.	Develop and promote the quality and range of activities being delivered by High Life Highland.	HLH
			2.	Investigate the opportunity to develop the old tennis courts at Lochaber Leisure Centre.	HLH/HC/LSA
			3.	Work with partners to increase awareness and encourage use of Lochaber Hydrotherapy Pool.	HLH/NHS/HCN/AL
			4.	Develop a long term plan for the provision of leisure facilities.	HLH/HC/LSA
			5.	Invest in training for existing and potential coaches/instructors to improve service delivery.	HLH/HC/LSA
			6.	Continue to develop the "You Time" initiative through leisure facilities, libraries and archive centres. Including	HLH/NHS

			7.	outreach work to care facilities e.g. Invernevis House. Examine ways to open facilities at key times when young people need them. Eg Multi-activity events (Fusion Nights).	HLH
		g. Partners will support the sustaining and further development of transport initiatives/services which assist those less able/vulnerable in accessing facilities and services which encourage health and well-being eg. Lochaber transport pilot	1.	Continue to support and be an active participant in the Lochaber Transport pilot	NHSH/SAS
		h. Ensure adequate provision is in place for rescue/medical helicopter landings and refuelling systems	1.	Continue to support partnership between NHS Highland and SAS to deliver appropriate facilities and medical support for air ambulance responses locally.	NHSH
6.	Jointly promote opportunities which support active healthy lifestyles in older adults	a. Develop and ensure appropriate housing is available for older people b. Develop and support initiatives aimed at combatting fuel poverty c. Ensure appropriate mechanism are in place to give the timely availability of aids and adaptations		detailed actions required	
			1.	Overview of assistance available to be sought Further detailed actions required	HC
			1.	Continue to support equipment store and care & repair provision	NHSH
			2.	Explore opportunities to improve provision of equipment, aids and adaptations through development of joint working initiatives with Lochaber care & Repair	NHSH
		d. Continue to develop and	1.	Further development of supported self management and	NHSH

		support preventative services	enablement services promoting ability for older people to remain independent and in their own communities as long as possible		
		e. Partners to work collaboratively to ensure appropriate information and advice are widely accessible and available on services and support to older adults.	1. Joint working through Scottish 'Living it Up' programme to develop enhanced access to a range of services and information bringing together local volunteer groups; third sector and statutory bodies	1.	NHSH/ALISS/L GOWIT
7.	Jointly explore approaches to increase social capital and strengthen community empowerment to reduce health inequalities and increase health equity in Fort William	a. Partners will support the use of community development approaches to strengthen the capacity of health, community service and education agencies to address the social conditions that develop inequalities in health within Fort William and its environments b. Partners will support the use of community development approaches to address community identified issues related to health and wellbeing	1. Develop formal and informal partnerships between Council, NHS, community services, local agencies and education providers 2. Broker and encourage stronger networks between health inequalities and community development practitioners to facilitate more exchange, sharing and coordination 3. Map community strengths and assets 4. Ensure rural living impacts are considered	1. 2. 3. 4.	Council/NHS/ VAL Council/NHS/ VAL Council/NHS/ VAL Council/NHS/ VAL
			1. Develop and implement a health equity seeding grant program 2. Develop a monitoring and evaluation framework that identifies the key components of a health equity place-based model for replication in other areas of high health inequalities 3. Development of health indicators which can be used by projects and agencies to measure the extent to which they are improving health and reducing health inequalities	1. 2. 3.	Council/NHS/ VAL Council/NHS/ VAL Council/NHS/ VAL
		c. Partners will support the development of individual skills to strengthen the	1. Participatory action research capacity building training and support	1.	NHS/IUH/VAL

		<p>capacity of community members and other stakeholders to plan and monitor health inequalities and community development efforts in Fort William</p>	<p>2. 3.</p>	<p>Support for photo-voice and other community cultural development projects Establishment of a citizen health and wellbeing forum</p>	<p>NHS/UHI and Partners (TBD) Council/NHS/VAL</p>
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Lochaber District Partnership

Agenda item	7
Report number	3
Meeting date	27/01/15

Report Title	Lochaber Adaptations Demonstration Project
Report by	Lyn Kilpatrick, Housing Policy Officer
Organisation	The Highland Council

Situation Summary

Lochaber Care & Repair has been selected to host one of five national Scottish Government/Joint Improvement Team housing adaptations demonstration sites. The project will deliver a one stop shop for access to housing adaptations, aids, equipment and tele-care. It will seek to: integrate technology enabled care as part of the delivery of specialist equipment & adaptations: simplify access to a menu of options to help people remain safely at home for longer: increase choice at point of assessment: help avoid crisis or more costly interventions: integrate with hospital discharge planning.

1	<p><u>Background</u></p> <p>The Scottish Government's Adaptations Working Group was established in 2011 to take forward actions on housing adaptations from the <u>Wider Planning for an Ageing Population</u> report. These actions were also included in the <u>national strategy</u> for housing for older people. The Group undertook a <u>consultation</u> on the emerging themes of its work between May and July 2012 and completed its final <u>report</u> in November 2012. This report considers the future organisation and funding of adaptations across all housing tenures, for people with disabilities as well as older people.</p>
2	<p><u>Adapting for Change – Adaptations Demonstration Sites</u></p>
2.1	Following the publication of the Adaptations Working Group's final report and the Scottish Government's formal response, the Adapting for Change Advisory Group was established in October 2013 to take forward the recommendations.
2.2	The working group proposed to test the viability of changes using a small number of demonstration sites which would be supported by the Joint Improvement Team and evaluated by the Scottish Government. The intention is to use the evidence to inform and shape a revision of the national policy framework for housing adaptations, and to provide learning and innovative practice.
2.3	The call for submissions for the demonstration sites was announced at the end of May 2014 with an August deadline for bids. A partnership bid was made by The Highland Council, NHS Highland and Lochaber Housing Association involving Lochaber Care and Repair as a demonstration site, with project governance positioned within the NHS Highland health and social care partnership.
2.4	Following the announcement of the successful bid work has been in progress to identify and recruit membership for the Project Board based on capacity to influence and/or implement change. The first Project Board meeting is scheduled for 22 January 2015.
2.5	Since the report from the Adaptations Working Group the second Dementia Strategy has been produced and the demonstration sites will now also focus on contributing to meeting

	Commitment 5: <i>We will take further action to support safe and supportive home environments and the importance of the use of adaptations and assistive technology, in maintaining the independence and quality of life of people with dementia and their carers.</i>
3	<p><u>Summary of actions already completed/in progress</u></p> <ul style="list-style-type: none"> - Project Board remit and membership established and first meeting arranged - Project Governance agreed with NHS Highland HSC partnership – reports to Adult Services Commissioning Group. - Drafting of Strategic framework and Action Plan in progress - Expression of interest to Technology Enabled Care Programme - Planning for an innovative practice event to be held spring/summer in progress
4	<p><u>Implications</u></p> <p>a) Resource: any resource risks will be reported through the partner organisation structures. Resources to support delivery of the telecare and assistive technologies element are subject to a funding application to the SG Technology Enabled Care Programme, with match funding based on in kind staffing resources from the partner organisations</p> <p>b) Legal: Implications for aids and adaptations within the Public Bodies (Joint Working) Act will be covered by revisions to the NHS Highland Integration Scheme from April 2015.</p> <p>c) Equality: there is an equality impact at a national level in relation to existing adaptations service design which the project will seek to minimise.</p> <p>d) Climate change: there are no climate change risks</p> <p>e) Risk: there are potential risks to delivery of integrated housing, health and social care outcomes arising from failure to redesign this area of service provision, which will be minimised by the project support from Joint Improvement Team and Scottish Government</p>

<p>Recommendation</p> <p>Lochaber District Partnership Members are invited to:</p> <ul style="list-style-type: none"> - Note the content of this report and the presentation of 27 January 2015 - Support and promote the aims of the Lochaber Demonstration Project - Agree representation of LDP members as Project Board members - Consider jointly hosting the spring event with Scottish Government/Joint Improvement Team.
