

## INVERNESS EAST DISTRICT PARTNERSHIP

**ACTION NOTE FROM THE MEETING HELD ON: 17<sup>th</sup> September 2015, Holm Room, Culduthel Christian Centre, Inverness**

**PARTNERS PRESENT:** Cllr Ken Gowans (Chairperson); Gavin Sell (NHS Highland); Jay Muirhead (Signpost Highland); Cllr Jean Slater; Cllr Bet McAllister; Lynn Johnson (High Life Highland); Robert Farquhar (Scottish Ambulance Service); Mairi Morrison (Children's Services Manager, HC); John Lister (Inverness Community Council Forum); Heather Keyes (Inverness College UHI); Gemma Craig, (HC - Business Support); Stewart Wardlaw, (HC - Facilitator)

**APOLOGIES:** Robin Fyfe (HC); Dr Sian Jones (Southside Surgery); Cllr Ian Brown (HC); Mike Evans (NHS Board); Cllr Kate Stephen;

**ALSO PRESENT:** Cllr Norrie Donald; Cllr Fraser Parr; Cllr Thomas Pragg; Doda Dennis (Parent Support Group - Hilton); Meg Davidson (HLH); Roy Anderson (Community Networker); Ian Murray (Chief Executive, High Life Highland); Mhairi Wylie, (Chief Officer, Highland Third Sector Interface); Fiona MacInnes (Partnership for Wellbeing); Robert Farquhar (Scottish Ambulance Service); Lynn Lambert (Head Teacher, Hilton Primary School).

ITEM	SUBJECT	ACTION AGREED	LEAD	NAMED OFFICER	TIMESCALE
2.	Action Note from Previous Meeting - 24 <sup>th</sup> June 2015 - Matters Arising	<u>Update on Family Teams</u> MM informed the partnership that there is a shortage of health visitors in Smithton & Culloden which is an ongoing issue. Trainees have been appointed and training will start in January and will take a year or two to become qualified. Partners require another update at next meeting.	HC	Mairi Morrison	Ongoing
		<u>AED Defibrillators</u> Robert Farquhar advised that the IT glitch has been sorted since last meeting. Approx. 200-300 defibrillators will now be mapped on the SAS system.			Ongoing

		<p><u>Dementia Friendly Communities</u> Gavin Sell advised that NHS Highland continues to work with Alzheimer Scotland and the local business community aiming towards a Dementia Friendly Inverness. The immediate focus is on the Victorian Market in the City Centre. <b>Item is deferred until next meeting.</b></p>	NHSH	Jean-Pierre Sieczkarek	Ongoing
		<p><u>Flu Immunisation</u> MM informed that flu immunisation continues to be a challenge however the programme for this school session is organised and in progress. If children have an illness and miss their immunisation, GPs will provide the backup immunisation.</p>	HC	Mairi Morrison	Ongoing
		<p><u>Hilton Networking Group - Jay Muirhead</u> Jay Muirhead, Cllr Slater, Roy Anderson &amp; Lynda Thomson (NHS Highland) have progressed discussions around identifying the various public and 3rd sector service providers that are working in Hilton. A contact list is being established so that organisations and people can be approached ahead of the planned networking event in November. The toolkit to be used for the the networking event includes “tree mapping” which involves planting a tree on which local people can thread cards highlighting any local issues or needs. Jay invited KG to come along to the event on either 13<sup>th</sup> or 16<sup>th</sup> Nov. If KG cannot attend, it was suggested by GS that Mike Evans might attend.</p>	HC/NHSH	KG	KG/Mike Evans to confirm dates.
	AOCB	KG introduced Lynn Johnson from High Life Highland to the Partnership as HLH’s regular delegate.			
3	Ian Murray, HLH Priorities & Partnership Opportunities.	<p>HLH has put a new business plan in place for the next 4 years. Ian described a range of projects under development to promote health and prevent illness. Ian informed partners about a new project where allied health professionals are visiting leisure centres where they can give cardiac rehabilitation patients treatment intended to lead to a healthier lifestyle long-term.</p> <p>Partners heard about the Otago Programme which involves gentle exercise for older adults to reduce the risks of falls. HLH has rolled out the programme in 10 leisure centres and 14 care homes Highland-wide.</p> <p>GS reminded partners that care homes in Inverness are all independently owned; Otago can be recommended to care home</p>			

		<p>providers, but the final decision on whether or not to implement the project would be down to the care homes themselves.</p> <p>Lynn Johnson discussed working in partnership with Prostate Cancer UK to invite men who have been diagnosed with prostate cancer, on recommendation by their GP, to come for 1:1 sessions at leisure centres to help the men get back into physical activities. Evidence shows that this leads to far better health outcomes in the long term.</p> <p>BM suggested that IM come along to the next full council meeting. IM to speak to Doda Dennis regarding employability.</p> <p>LJ to liaise with HK about student nurses from Stirling University (approx. 75) attending a falls prevention course. General update to be given at next meeting.</p>	<p>HLH HLH</p> <p>HLH</p>	<p>IM IM</p> <p>LJ</p>	<p>TBC IM given DD his business card</p>
4.	Mhairi Wylie, Highland 3 <sup>rd</sup> Sector Interface, Community Development Fund	<p>The Community Development Fund is part of the Integral Care Fund as targeted mainly at training people to self-manage their long term conditions (including older people). There is £40k allocated per district partnership, with the district partnership being the decision maker through a sub group.</p> <p>It was agreed amongst the partnership that the sub group would include Cllr Ken Gowans, Mairi Morrison, Cllr Bet McAllister, Gavin Sell and Jay Muirhead.</p>			

5.	AOCB	<p><u>Changes at Care at Home Provisions</u>  Gavin Sell informed the partnership about establishing zoning throughout Inverness, starting in Hilton. It involves independent care provisions supporting patients who are discharged from hospital to provide care at home and developing an approach to help patients get back to good general health. It has been identified that Independent care at home is more flexible and cheaper than in-house (NHS) care provisions, thus freeing up more money in the budget for care workers in the community. There will be a primary provider per zone, enabling care to be provided much faster.  The next stage is to sort out the zones and get them set up.  Cllr Slater raised the point where patients need more help with adaptations when they get home. GS to continue to look into this issue.  GS to find out if care workers will be on zero hour contracts.</p> <p><u>Partnerships for Wellbeing</u>  Inverness Voluntary Transport Scheme provides a door to door transport service for the local community to take them to health care appointments.  LJ offered her help form HLH with advertising for this service if needed.</p>	   NHSH NHSH NHSH	   GS GS GS	   Ongoing Ongoing
5	Date of next meeting	Wednesday 16th December 2015, venue TBC	HC	SW	