

Highland Community Planning Partnership

Improving Early Years Outcomes – October 2016

1. Early Years Outcomes – Performance Measures Update

Highland Council and NHS Highland have agreed a performance framework for children’s services as outlined in *For Highlands Children 4*. A number of Performance measures relate specifically to the Early Years.

Outcome: Children & Young People Experience Healthy Growth & Development

Performance Measure	Current Situation
<p>The percentage of children who reach their developmental milestones at their 27 – 30 month health review will increase year on year</p>	<p>The 27-30 month review aims to assess child wellbeing and to promote early child development (particularly social/emotional and language/cognitive development). Locally revised tools for undertaking this review are now used across all family teams. The Early Years Collaborative stretch aim is that 85% of children will reach all of their expected developmental milestones by December 2016. The developmental milestones cover a number of domains (social, emotional, behavioural, attention, speech, language and communication, gross motor skills, fine motor skills, vision and hearing). ISD (National Data for 2013/14) shows that 72% of children who had a 27-30 month review had no concerns identified, Information provided by NHS Highland health intelligence team indicates that in 2014/15 75% of children reached their developmental milestones and that in 2015/16 this figure has risen to 79%. The pre-existing stretch aim is currently under review and is likely to be changed to: “By 2019, 85% of children in each CPP will have no developmental concerns identified at the time of their 27 – 30 month child health review.”</p>
<p>The percentage of children who reach their developmental milestones at entry to Primary one will increase year on year</p>	<p>An assessment model has been agreed and developmental overviews are now used across Highland providing rich data</p>

	<p>for each child on entry to school. The data shows that 85% of children met their developmental milestones in 2013/14 with 87% achieving in 2014/15. This figure has remained at 87% for the year 2015/16. This is set against a national stretch aim of 85% of children reaching their developmental milestones at entry to Primary one.</p>
<p>There will be a reduction in the percentage gap between the most and least affluent parts of Highland for low birth weight babies</p>	<p>NHS Highland will produce an annual report to identify gap. The metrics have been agreed but the baseline figure has yet to be calculated.</p>
<p>Improve the uptake of 27-30 month surveillance contact from the baseline of 52% to 95% by March 2016</p>	<p>Improvement work is underway to increase the uptake. National ISD data indicates that coverage increased from 34% to 82% in the year 2013/14. This dropped to 79% in the year 2014/15 and remained the same for the year 2015/16. Data for June 2016 shows this to be at 84.1% which is a significant increase from the year end figure of 78.8%.</p> <p>An audit of health visitor records was undertaken for the cohort of 411 children born in August and September 2011 to determine a) if the review had been carried out b) if the review had been carried out within the 32 month timescale</p> <p>99 Child Health records were audited and 52 of the children a review carried out, but of these 25 were done after the 32 month period. Reasons for this vary but are mainly related to health visitor vacancies combined with competing parental priorities around engagement.</p> <p>A delivery plan is currently in place to demonstrate improvement in the uptake acknowledging the joint accountabilities of General Practitioners and Health Visitors</p>
<p>95% uptake of 6-8 week Child Health Surveillance contact showing no</p>	<p>NHS Highland carried out an analysis of the data and this indicates that there was</p>

difference in the uptake between the general population and the least affluent parts of Highland.	a very small variation of 2.9% across income groups in 2013/14. This variation increased slightly to 5.4% in 2014/15 and fell again to 2.1% in 2015/16.
There will be a reduction in the percentage gap between the most and least affluent parts of Highland in the number of children exclusively breastfed at the 6-8 week review	The data shows that in 2014/15 there was a variation of 15.8% of children exclusively breastfed compared to 36.2% in the general population. Data for 2015/16 shows the variation to be 18.8% compared to 31.7% in the general population.

Outcome: Children and young people make well-informed choices about health and safe lifestyles

Performance Measure	Current Situation
The number of early years providers who offer children healthy snack choices will increase	This measure has been met as all Early Learning and Childcare settings currently offer healthy snacks in accordance with national and local guidance.
The number of pre school aged children who have access to energetic physical play increases	This measure has been met as all Early Learning and Childcare settings are currently providing the required 20 minutes energetic physical play on a daily basis either indoors or outdoors.

Outcome: Families receive support, advice and guidance which is well-matched to their needs and available in ways which helps them to prepare for the various developmental stages

Performance Measure	Current Situation
The number of pregnant women screened for substance misuse who are offered support increases.	NHS Highland developing methodology and the performance measure is to be reviewed and possibly revised by the Child Health Commissioner.
The number of pregnant women who are at risk of poor mental health who are offered support increases	As above
The number of staff trained in the use of approved parenting programmes increases	Approved parenting programmes include Baby massage, Solihull Approach, Incredible Years, Triple P and PEEP. Records currently exist and a baseline

	has now been established and progress reported on every 6 months.(March & September). The key area of focus in terms of improvement work is training staff in the Incredible Years parenting programme, which is aimed at parents / carers of 3-4 year old children with severely disruptive behaviour. Additional staff have been trained and parenting programmes have been established across the districts.
The number of areas producing an annual plan for delivering universal and targeted support to parents increases	All 4 areas are undertaking a mapping exercise to identify parenting support available in their area. This will inform the development of plans to support local needs and will be in place by May 2016. This measure has been further refined to now read; Every district in Highland is able to deliver a core suite of parenting interventions. A baseline is still to be established.
Increase the number of parents participating in a validated parenting course who have 3-4 year olds with severely disruptive behaviour	This measure is now included within the core suite of parenting interventions and will be reported as above.
The number of schools offering sessions and/or written information to parents about child development at transition to P1 increases	Audit methodology has been agreed and there is baseline data which tells us that all schools offer sessions to parents. Further work continues to consider the quality and consistency of the information offered.

Outcome: Families are valued as important contributors and work as equal partners to ensure positive outcomes for their children and young people.

Performance Measure	Current Situation
Family Nurse Partnership fidelity goals will be achieved	The detail of the Family Nurse Partnership fidelity goals are reported monthly to the Scottish Government and monitored through the Highland FNP Project Board. All goals having been achieved. The annual review with the national team has been extremely positive and Scottish Government have requested plans to move towards a

	sustainable model.
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The Children and Young People Improvement Collaborative

The Early Years Collaborative (EYC) and Raising Attainment for All initiative (RAFA) have now been combined by Scottish government to become the Children and Young People Improvement Collaborative. This collaborative continues to develop a method and culture for delivering improvement. Frontline staff and managers across a range of services are using the 'Model for Improvement' to accelerate change. This model is consistent with the improvement framework outlined within For Highland's Children 4. The model for improvement is being used increasingly to support improvement both within improvement groups and across area and family teams. This work is currently being promoted extensively with the support of the Children's planning manager.

The Supporting Improvement Co-ordination Group continues to have a key role in leading and driving forward improvement. A quality Improvement learning network has been established and its first 6 month learning programme has recently been completed. The programme provided an opportunity to for eight participants across the CPP to develop skills to support the use of improvement methodology and build capacity within services. This programme has been evaluated by participants and mentors to be a highly effective mechanism for embedding the model for improvement. The intention is to run this programme again early next year.

Scottish government through the Children and Young People Improvement Collaborative have been working to align the aims of EYC and RAFA by developing seven refreshed stretch aims across the child's journey from pre-birth to post school. The aims will be centred on developmental concerns in the early years and achievement and attainment for school aged children and Young people. There will be a new emphasis on bridging the attainment gap across each SIMD decile. Managers and practitioners are reflecting on the value of the proposed indicators, which raise some concerns.

The Children and Young People Improvement Collaborative Learning Session event is being held at the SECC in Glasgow on the 15th & 16th November. This is the first learning session, which brings together the Early Years Collaborative and the Raising Attainment for All into one programme to deliver quality improvement throughout a child's journey.