

## Agenda Item 17iv.

Draft Minute of the Highland Alcohol and Drugs Partnership Strategy Group

Date: TUESDAY 13<sup>TH</sup> JUNE 2017.

Location: Board Room, John Dewar Building

Chairperson: James Dunbar

### *Present:*

Debbie Stewart	HADP Co Ordinator
Liz Smart	Public Health Consultant
Jennifer MacDonald,	Police
Carolyn Hunter - Rowe	HADP Research and Information Specialist
Sharon Holloway	HADP Development Manager
Linda Dorward	GIC, HMP Inverness
Debbie Milton	Childrens Services Manager (Mid)
James Maybee	Criminal Justice

*Apologies:* Alex Keith, Cathy Steer, Suzy Calder, Eve MacLeod, Colin Gough, Libby Bligh, Karen Underwood

Item	Discussion	Action
1	<b>WELCOMES / APOLOGIES</b> The Chair welcomed all present to the meeting and asked the group to introduce themselves for the benefit of new members.	
2	<b>MINUTES AND ACTIONS FROM PREVIOUS MEETING</b>	
2.1.	The minutes of the meeting held on 14 <sup>th</sup> February 2017, having been circulated, were approved.	

<p><b>2.2</b></p>	<p><b>ACTIONS FROM 14<sup>th</sup> February 2017</b></p> <p>Actions were discussed and progress updated</p> <p><b>Action 3.5 – HADP Strategy</b></p> <ul style="list-style-type: none"> <li>• Strategy now completed and available on HADP website</li> </ul> <p><b>Action 4.1 – Quality Principles Improvement Plan</b></p> <ul style="list-style-type: none"> <li>• Improvement plan completed with a copy shared with Scottish Government.</li> </ul> <p><b>Action 5.1 – Strategy Development</b></p> <p><b>Fairer &amp; Healthier Communities</b></p> <ul style="list-style-type: none"> <li>• <i>Off table discussion between Police, NHS, HADP and Highland Council has taken place with a Prevention and Education information sheet produced</i></li> <li>• <i>Alcohol Brief Interventions - Colin Gough to feedback on Police delivery of ABIs</i></li> </ul> <p><b>Action:</b> <i>(carried forward) Jennifer agreed to ask Philip MacRae, (new Police partnership contact) to provide an update on numbers of Police that have been ABI trained at the next strategy group meeting</i></p> <ul style="list-style-type: none"> <li>• Debbie and Cathy met and have agreed a plan for targeting ABI delivery in deprived communities and to harder to reach groups</li> </ul> <p><b>Action 5.2 –Safer &amp; Stronger Communities</b></p> <p>Criminal Justice</p> <p><i>James provided an update to HADP on the Highland Community Justice Plan – film to be shown and JM will arrive later for update.</i></p> <p><b>Action 5.4 – Quality Support &amp; Recovery</b></p> <ul style="list-style-type: none"> <li>• <i>Service Improvement Group – Services have now been rebranded as the Drug and Alcohol Recovery Service with publicity disseminated.</i></li> <li>• <i>Recovery Communities – Sharon and Suzy visited services in Fort William to highlight a new mutual aid group started by Peer Mentors and Staff at Lochaber Hope. Staff able to signpost to SMART as open group.</i></li> </ul>	<p>PM</p>
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	<p><b>Action:</b> Carolyn to continue work on alcohol related deaths and involve relevant partners when required.</p> <p><i>Action 6.1 – Drug Related Deaths</i></p> <ul style="list-style-type: none"> <li>• <i>DRD Review Group</i> – Alex produced a report that was presented at the meeting by Carolyn under item 6.1</li> <li>• <i>Non-Fatal Overdoses</i> - Carolyn to continue to support Recovery Services to provide quarterly reports.</li> </ul> <p><i>Action 7.2 – Budget</i></p> <ul style="list-style-type: none"> <li>• <i>Catalyst Project</i> - 9K funding has been provided to AfC</li> </ul>	<p>CHR</p>
<p><b>3</b></p> <p><b>3.1.</b></p> <p><b>3.2</b></p> <p><b>3.3</b></p>	<p><b>STRATEGY DEVELOPMENT</b></p> <p><b>HADP Strategy 2017-2020</b></p> <p>Debbie thanked all partners around the room for their input. Strategy has changed from Oor Hoose to Oor Castle – to Highlandise the image. Currently trying to adapt the image for a new logo Linda suggested that the prison recovery group could perhaps assist with designing a new logo. Debbie M suggested service users at Osprey as another suggestion. Liz suggested a brief could be done by partners before the logo could be discussed with recovery group. Debbie emphasised that the logo should not just be constrained to recovery. There is limited time available and a lot of work had already been done on the logo that couldn't just be discarded. In addition, logo competitions had just been run for the Toolkit and the Child Protection Committee. It was therefore decided to keep refreshment of the logo in-house.</p> <p>The strategy is a reference document that clarifies the ADP position on all relevant drug and alcohol issues. If partners have limited time, Sections 3 and 4 are the main areas to be familiar with. The sections detail the activities partners have agreed to deliver in order to achieve the local outcomes. A logic model with priority areas and actions is linked to each pillar and is aligned with the revised progress report structure.</p> <p><b>Feedback from Partnership Action on Drugs (PADS) meeting</b></p> <p>Partnership Action on Drugs in Scotland (PADS) is made up of an Executive group and a number of sub groups tasked with refreshing the national drugs strategy. Suzy and Debbie delivered</p>	

<p>3.4</p>	<p>a joint presentation to the Quality and Consistency sub-group about the Highland recovery journey. The presentation was well received and a number of other ADP areas have requested copies of Highland resources for best practice purposes.</p> <p>Suzy responded to a lot of questions on the journey of services rebranding as a recovery service. She was also asked to share the refreshed Highland assessment tool which is closely aligned to the RO Tool</p> <p>The meeting provided the opportunity for recognition of the work delivered in Highland and to raise specific issues for remote and rural areas. Recommendations from PADS will be available later in year and will be integrated in to the HADP strategy. Tessa Parkes, who is a member of the PADS Executive Group will speak about its progress at the Stakeholder Conference.</p> <p><b>Stakeholder Conference 21.06.17</b></p> <p>The response this year was excellent with places filling up rapidly. This may be due to having the NHS CE and a speaker from an academic background. The Conference will focus on evidence-informed practice and provide examples of best practice from Prevention through to Recovery.</p> <p><b>Chairpersons Induction - reflections</b></p> <p>From his meeting with members of HADP James reflected that the knowledge, skills and enthusiasm within the group came across from members. Being able to listen at the last Strategy group meeting had helped greatly. As a Chair, James is keen for a broader spectrum of voices from members to contribute around the strategy table. The Chair will proactively encourage this.</p> <p>It is hard to measure prevention and quantify impact when data is not available for years. Important to look for trends in the data we do have available and ensure longer term statistical evidence is gathered.</p> <p>Prevalence of alcohol use over substance use – HADP need to be mindful that alcohol causes more problems across Scotland than drugs and prioritise supporting parenting, children and families.</p> <p>Foetal Alcohol Spectrum Disorder (FASD) – Debbie M suggested that the ADP help fund a specialist speaker to come to Highland to raise awareness with staff. The CPC and ADP have funded FASD speakers before. The refreshed strategy prioritises development of a FASD pathway.</p>	
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	<p><b>Action:</b> Liz and Debbie to do some work offline to scope what is currently being delivered in Highland.</p> <p>The Chair expressed a desire to improve partnership working further. He will facilitate, listen and oversee the process. James wants HADP to try new and innovative approaches, look at examples of good practice from other areas and not be afraid to be take risks.</p>	
<p>3.5</p>	<p><b>Group Membership</b></p> <p>It was noted as being unusual for so many apologies for the meeting.</p> <p>Vice Chair options – James was planning to approach a local MSP and ask them to consider becoming Vice Chair. This would assist in linking Highland issues direct to government.</p> <p>A discussion with Bill Alexander (BA) would need to happen before given that he is the current Vice Chair. Stephen Coyle (SCo), new Governor at HMP may also be interested in being a possible candidate.</p> <p><i>Gaps in membership</i></p> <p><b>Action:</b> James to speak to David Goldie about housing representation at the meetings.</p> <p>Education do not attend as group members although Cath King, now retired, used to attend on occasion as a link to education. Ailsa Villegas will be going off on maternity leave soon.</p> <p><b>Action:</b> James to raise with Bill Alexander identifying a new representative from Education.</p> <p>Libby Bligh representing Third Sector interface. However, we need to establish how we can ensure communication goes both ways.</p> <p><b>Action:</b> Debbie and James to reaffirm membership of the strategy group.</p> <p>Some concerns were raised around the table regarding having an MSP as vice chair which included their time constraints for taking on the role. James emphasised that the people we are here to provide a service to would always come first and local strategy and then national strategies came later.</p> <p><b>Action:</b> James to arrange meetings with Stevie Coyle and an MSP to discuss the Vice Chair role.</p>	<p>JD</p> <p>JD</p> <p>DS/JD</p> <p>JD</p>

<p><b>4</b></p> <p><b>4.1</b></p> <p><b>4.2</b></p>	<p><b>Quality Principles</b></p> <p><b>National Care Inspectorate Report</b> - Highland to carry on with care inspectorate process Main pages to focus on are 6 and 7 in report.</p> <p><b>Improvement Process</b> - service user and staff surveys have been redesigned and ready to go. Case audit process is likely to be later in the autumn and will have to align with the RPIW process the Recovery Service will be undertaking.</p> <p><b>Action:</b> Debbie and Suzy to discuss how best to align improvement processes.</p> <p><b>Action:</b> Debbie to arrange a short focus group for the HADP strategy group on leadership and policy development as part of the improvement process.</p>	<p>DS/SC</p> <p>DS</p>
<p><b>5</b></p> <p><b>5.1</b></p>	<p><b>Strategy Delivery</b></p> <p><b>HADP Progress Report – June 2017</b></p> <p>Every partner, except Police Scotland provided input into report.</p> <p><b>Fairer &amp; Healthier Communities</b></p> <p><i>Substance Use Toolkit</i> - Action for Children with young people will design a peer education resource for the toolkit.</p> <p><i>Rock Challenge</i> -</p> <ul style="list-style-type: none"> <li>• Took place over 3<sup>rd</sup>,4<sup>th</sup> and 5<sup>th</sup> April 2017.</li> <li>• 21 schools from across Highland</li> <li>• 1348 pupils involved</li> <li>• Different approach used during day to engaged with YP. Education Framework used to consider language and age and stage of development for appropriate games.</li> </ul> <p><i>“Brilliant Interactive learning about drugs, alcohol, health and wellbeing which provoked some good discussion from the children. I am certain this is the most effective way to get messages across that will stay with pupils and they all looked to be enjoying it.” – Comments from Staff</i></p> <p>Dundee Finals – 16<sup>th</sup> June 2017 - Alness, winners from 2016 Thurso and Invergordon High Schools &amp; Dingwall Academy – update Dingwall Academy came 1<sup>st</sup>, Invergordon 3<sup>rd</sup> and Alness 5<sup>th</sup> place in finals.</p> <p><b>Action:</b> Rock Challenge evaluations for Highland will be</p>	

	<p>distributed along with the papers for the next strategy group meeting.</p> <p><b>Safer &amp; Stronger Communities</b></p> <p>The Persistent Offenders Project (POP) and Throughcare are of particular interest to group members. Criminal Justice Social Work (CJSW) and the Scottish Prison Service (SPS) workshop at the Stakeholder Day will highlight the partnership approach taken in Highland. Prisoners from the recovery group publish a newsletter now, and have a voice / involvement in the delivery of services.</p> <p><b>Action:</b> Linda to share a copy of the prisoner newsletter.</p> <p>HMP Inverness working in partnership with Action for Children (AfC) who received a grant to open a visitors centre on AfC premises to work with children and families. Other establishments already have a visitors centre run by the Third Sector. However, Inverness is too small to have this facility. AfC have put the bid in to have a virtual visitors centre where children and families pre and post visit can receive support. Some promotional posters from other services or agencies could be used at the venue. If an open day is planned members would be interested in attending to see the visitors centre. AfC can provide updates at CAPSM group on relevant aspects of this work. The virtual visitors centre would be transferrable to the new prison.</p> <p>James M confirmed that the POP funding is being sustained as is with current staff compliment. Evaluation has been conducted which demonstrates positives outcomes have been achieved.</p> <p><b>Action:</b> James M to share POP evaluation report with the strategy group.</p> <p>As well as demonstrating positive outcomes, it will identify costs, reduced offending and the benefits for community partnerships.</p> <p>DTTO figures have plummeted – Previously 15-20 per year was considered low but last year’s figure was 5. The numbers being really low are difficult to explain but are due to Sheriffs not using the disposal. It may be because Community Payback Orders can have a drug and /or alcohol condition. However, CPO’s are not pitched at the same level as DTTO’s. The framework for DTTO is unclear so that could be a part of the issue. CJSW will be discussing the situation internally, but it could be down to Sheriff preferences. Funding for these orders comes direct from Scottish Government.</p> <p><i>Community Justice Partnership Plan Launch</i></p>	<p>SH</p> <p>LD</p> <p>JM</p>
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	<p>The Highland Community Justice plan for 2017-2018 has been published. It was formally launched a few weeks ago at a very successful event where Karyn McCluskey, Chief Executive for Community Justice Scotland was very well received as keynote speaker. The Community Justice Plan can be circulated for information. HADP members may be most interested in the references to drugs and alcohol in the plan.</p> <p><b>Action:</b> James M to forward a copy of the Community Justice Plan for circulation to group members.</p> <p><i>Community Justice Plan now attached to Minutes.</i></p> <p><b>Action:</b> It would be useful for all members to view an excellent 5 minute film about Community Justice in Highland made by the CJP and posted on Facebook &amp; YouTube.</p> <p><u><a href="https://www.youtube.com/watch?v=Bt8qEXTUrMU">https://www.youtube.com/watch?v=Bt8qEXTUrMU</a></u> if you don't get it from this link, just search for Community Justice Highland</p> <p><u><a href="https://www.facebook.com/Community-Justice-Highland-799196230211695/">https://www.facebook.com/Community-Justice-Highland-799196230211695/</a></u> Just scroll down</p> <p><b>Action:</b> All strategy group members to consider the value of making a similar type film for posting on the HADP website.</p> <p><b>Successful Children, Young People &amp; Families</b></p> <p><i>CAPSM group – The CAPSM Improvement plan needs updated to reflect on progress. The group is also looking to review GOPR guidance and develop worksheets for families as resources / tools that practitioners can use. The worksheets are based on work books Osprey House already use with parents.</i></p> <p>Recovery Services will be delivering twilight sessions for children's practitioners to learn more about treatment today.</p> <p>The Catalyst Projects annual report has been shared with the Children and Family Service leadership group. Adult and children's services are working better together and staff realise they have the same agenda. The recent lived experience event with Paul Brannigan was really positive and motivational for practitioners.</p> <p><b>Quality Support &amp; Recovery</b></p> <p>SMART Recovery, on 22<sup>nd</sup> and 23<sup>rd</sup> February HMP Inverness - On this occasion 8 Prisoners trained alongside 14 participants from across Highland to become SMART Peer facilitators. (Skye, Caithness, Fort William and Inverness)</p>	<p>JM</p> <p>All</p> <p>All</p>
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	<p>Resulting from the training, a new SMART group will start at Beechwood House on 11<sup>th</sup> July. SPS plus three peer mentors will also co-facilitate groups. Development of a new women's SMART group is also being explored with CJSW. The next facilitators meeting is on 6<sup>th</sup> July and will include a presentation on teen SMART with Highland being a potential pilot site.</p> <p>SMART partnership article will be in the next Drug &amp; Alcohol Bulletin produced by Scottish Government.</p>	
<b>6</b>	<b>DRUG RELATED DEATHS</b>	
<b>6.1</b>	<p><i>Review Group</i> - First meeting of the revised review group took place a few weeks ago. It is now separate to the prevention group. 7 deaths were reviewed from November last year to end of April 2017. All were known to statutory services. Multi-drug toxicity was the cause of death in most cases. Common themes and actions were identified and will be progressed.</p>	
<b>6.2</b>	<p><i>Prevention Group</i> – Debbie M stated it was good for children's services that the list of young people who had experienced a non-fatal overdose was now separated out from the adult list.</p> <p><b>Action:</b> CHR to collate figures on number of parents and children affected by drug related deaths in Highland to share with the CAPSM group.</p> <p>Press Statements – Debbie highlighted that although there is a communications protocol in place between HADP members, it needs to be followed more effectively. It would be helpful for new Police contacts to be aware of the protocol and the need for a collaborative approach to press statements.</p> <p><b>Action:</b> Jennifer will follow up with Philip as he is now the key Police contact for HADP.</p>	<p>CHR</p> <p>JMac</p>
<b>7</b>	<p><b>BUDGET</b></p> <p>Monies are routed through the NHS for administration purposes, and the decision-making power should be with the ADP. Although the NHS CE is ultimately accountable. It was noted that in the GP budget there is a large underspend which is likely to relate to reduced ABI delivery or less Locally Enhanced Services for drug treatment.</p> <p>Debbie stated that Suzy and Alex are not at the meeting as they are interviewing for 3 advanced nurse practitioners and a CPN for homeless people will also be recruited in the near future. All costs will result in significant reductions to the level of underspend.</p>	
<b>8</b>	<b>FOR INFORMATION AND NOTING</b>	
<b>8.1</b>	<p>Alcohol and Drug Bulletin attached to papers.</p>	

**Agenda Item 17iv.**

<b>9</b>	<b>AOCB</b> No items noted.	
<b>12</b>	<b>DATE OF NEXT MEETING</b>  28 <sup>th</sup> September 2017 at 1400 hours in the Board Room at John Dewar Building	