

## Highland Community Planning Partnership

### Chief Officers' Group – 4 September 2018

Agenda Item	11.
Report No	COG 14/18

#### Highland CPP Breakthrough Achievement: Suicide Intervention Prevention Programme (SIPP) Training

Preparations are well under way to allow for the proposed training of approximately 500 members of staff from the member organisations of Highland CPP. The course has been developed by NHS Tayside and NHS Highland commissioned two Training for Trainers courses that have attracted 21 attendees so far. Courses were/will be delivered on 30<sup>th</sup> July and 29<sup>th</sup> August. The breakdown of trainers by Organisation and geography is shown below.

Organisation	Total per organisation	Inverness	Dingwall	Caithness	Sutherland	Fort William
Highland Council	4	3	0	0	0	1
NHS Highland	5	2	1	2	0	0
SFRS	4	1	1	1	1	0
Police	1	1	0	0	0	0
HIE	2	2	0	0	0	0
UHI	1	1 (& wider campuses)	0	0	0	0
Others	4	2	1	0	1	0
Total by geography	21	11	3	3	2	1

Following feedback from the first session, trainers from Highland Council and NHS Highland met to develop a lesson plan for trainers to use in delivering the half day course to CPP staff. Tayside specific data and support contacts have been replaced with those appropriate to Highland. In addition a network event is being offered to those who have been trained in September (date tbc) prior to any local delivery of the SIPP course. The aim of this network event is to enable trainers to experience some of the methods included in the lesson plan that make the course more interactive for participants. The event also aims to boost trainer confidence and ensure consistency across delivery. It is proposed that this network will continue to meet face to face or virtually if trainers find this useful.

Dates and venues are being arranged to deliver 4 – 5 SIPP courses to CPP staff between October and December 2018, and a further 4 – 5 SIPP courses to be delivered between January and March 2019. This will allow all trainers to deliver one course as soon as possible after receiving training. Further courses will be arranged for the next financial year (2019/20). Trainers will deliver in pairs, ideally from two organisations, to trainees from a mix of organisations. This will help to broaden the ownership of the issue of preventing suicide across Highland. Administration of courses will be provided by Public Health, NHS Highland. Evaluation of the SIPP courses will be undertaken at the

time the course is delivered, and again 6 months later. This is to provide us with information on trainer confidence in delivering the training. All organisations will be asked to promote the SIPP courses through their internal communications and Chief Officers are asked to ensure that managers in their organisations encourage staff to attend. Due to the nature of the training, organisations will need to be aware that some trainers may need support in dealing with issues that may arise when delivering the SIPP course. It is hoped that the network of trainers described above will provide some peer support but organisations should ensure that staff delivering the SIPP course are able to access additional support if necessary through Occupational Health or other appropriate provision.

A Highland adaptation of the suicide prevention app in use in Aberdeen/shire and Tayside has been commissioned to support this work.

Report Author : Dr Elspeth Lee, Health Improvement Specialist, Public Health, NHS Highland