

## Highland Community Planning Partnership

### Chief Officers Group – 9 November 2018

Agenda Item	12.
Report No	COG 21/18

#### Highland CPP Breakthrough Achievement (Suicide Prevention) update November 2018

Report by Cathy Steer and Elspeth Lee on behalf of George MacDonald

#### The COG is asked to:

- Note progress with the breakthrough achievement on suicide prevention
- Encourage staff from their organisations to sign up to the SIPP training
- Ensure organisational representation at the Highland Prevent Suicide App launch event

### 1. Introduction

The Highland Community Planning Partnership agreed that this year's breakthrough achievement would be on suicide prevention. The specific activities agreed were:

- Delivery of the Suicide Intervention and Prevention Programme (SIPP) training to CPP staff, with a target of 500 staff receiving training over the year
- Development of a suicide prevention App

This report provides an update on progress and asks Chief Officers to take action to encourage their staff to attend the SIPP training programme and ensure partner representation at the launch of the Highland Prevent Suicide App.

### 2. Suicide Intervention Prevention Programme (SIPP) training

The work to develop and organise the SIPP training has been led by NHS Highland's Public health Department. The SIPP training is a half day course that aims to enable participants to: recognise a person at risk of suicide; ask about suicide, including the ability to display listening and questioning skills; be aware of the impact of attitudes on suicide; and to develop risk management skills to keep a person safe. The following information provides an update on progress with the training:

- 21 trainers were trained over 2 Training for Trainers courses in August & September
- There are 14 courses scheduled between Nov 2018 – March 2019 (capacity 208 spaces)
  - 8 in Inverness (1 full)
  - 2 in Invermoriston
  - 2 in Golspie (1 full)
  - 1 in Brora
  - 1 in Wick

- There has been requests for courses in Lochinver, North Sutherland, Ullapool or Gairloch, and Skye & Lochalsh and it is hoped to accommodate these locations in the next round of training
- Further courses will be scheduled between April – October 2019 to make up the 500 capacity
- A trainer network/facilitation skills session was held on 14<sup>th</sup> September, with another planned for 6<sup>th</sup> December to share ideas and experiences etc after the first few courses have been delivered

To date 83 people have signed up to courses from a variety of organisations, as detailed in table below.

Organisation	Number signed up
NHS Highland	26
Highland Council	20
SFRS	4
Police	1
HIE	0
HTSI	2
Birchwood Highland	12
LGOWIT	6
Highlife Highland	6
Sutherland Care Forum	2
KEY (Housing)	2
Scottish Government	1
Lochalsh & Skye Housing Assoc	1
<b>TOTAL</b>	<b>83</b>

### 3. Prevent Suicide – Highland App

Development of the Highland Prevent Suicide App has been led by NHS Highland's Public Health Department. The App has now been developed following consultation with a number of public and third sector organisations and all information gathered on local and national sources of support have been included in the final version.

Work is on-going to get support from public, third and private sector organisations to promote the App. Inverness Caledonian Thistle and Ross County Football Clubs have agreed to support the launch of the App which will take place on **Monday 19 November 2018 at Inverness Caledonian Thistle Football Club**. The event will start at **1.30pm** and finish by 3pm at the latest. Attendees will have the opportunity to see the App and listen to short presentations in support of this work from the Divisional Commander, Police Scotland, the Chair of the Highland Suicide Prevention group and the two Football Clubs who are keen to raise awareness of suicide prevention activity in Highland. There will also be a photo opportunity and a chance to speak to the press who have been invited and are keen to attend. Invitations to the event have been sent to members of the CPP Board and Chief Officer Group, the multi agency suicide prevention group, and sports and music associations who have expressed an interest in this work.

The COG is asked to support this event by encouraging attendance from all partners. The invitation with RSVP details is appended to this report (Appendix 1).

#### **4. Conclusion**

There has been good progress with the activities agreed for this year's breakthrough achievement. To achieve our target of 500 CPP staff trained in suicide prevention, partners will need to ensure that the SIPP training is promoted throughout partner organisations and continue to encourage and support staff to attend.



would like to invite you to attend the launch of the

**Prevent Suicide – Highland App**

We are grateful to both Inverness Caledonian Thistle and Ross County Football Clubs for their support in hosting this launch.

It will be held at the

**P&J Lounge at the Tulloch Caledonian Stadium, Stadium Road  
Inverness IV1 1FF on Monday 19<sup>th</sup> November, 2-3pm**

Teas and Coffees and an opportunity to view the App will be available from **1.30pm**.

The App has been developed as part of the Community Planning Partnership's Breakthrough Achievement on suicide prevention.

RSVP to [elspeth.lee@nhs.net](mailto:elspeth.lee@nhs.net) by Wednesday 14<sup>th</sup> November

