

Agenda Item	9.
Report No	COG 07/19

Highland CPP Breakthrough Achievement (Suicide Prevention) update May 2019

Report by Cathy Steer, Head of Health Improvement, Public Health and Elspeth Lee, Health Improvement Specialist, Public Health on behalf of George MacDonald

The COG is asked to:

- **Note progress with the breakthrough achievement on suicide prevention**
- **Consider future delivery of suicide prevention training in Highland**
- **Encourage staff within their organisations to attend SIPP training**

1. Introduction

We are approximately half way through the year of this Breakthrough Achievement to train at least 500 partnership staff on suicide prevention in the 12 month period from September 2018 to September 2019. This report provides an update on progress and asks Chief Officers to consider the future delivery of the Suicide Intervention and Prevention Programme training (SIPP).

2. SIPP training

The first post course evaluation questionnaires have been issued to attendees. The purpose of the evaluation is to measure attendees' opportunities to use the skills learned on the SIPP course, and their confidence to do so.

SIPP data to end of April 2019		
Courses scheduled	22	
Places offered	352	
Courses cancelled	4	
Places booked	266	
Number attending	208 (78% of bookings)	
May to September 2019		
Courses scheduled	14	
Places offered	224	
Places booked (to 07/05/19)	142	
Total places offered	606	

3. Prevent Suicide – Highland App

App data to from 01/10/18 to 30/04/19		
758 Users		
1,700 sessions		
Average session duration 2m 35sec		
Top four page views	Main menu (landing page)	4,371
	Help others menu	2,390
	Your safety menu	2,215
	Highland Menu	2,020
66.9% new visitor		
33.1% returning visitor		

4. Summary

Current data suggests that approximately 475 people will attend SIPP training by the end of September 2019. This is just short of the target of 500 partnership staff. COG is asked to encourage staff within their organisations to attend the remaining SIPP training courses.

The App continues to attract new users and has returning users.

5. Future provision of suicide prevention training

We are still awaiting the new national suicide prevention training and there are capacity issues with delivering existing suicide prevention courses; safeTALK and ASIST. Evaluation from the SIPP training suggests there is still a need for an introductory level suicide awareness and prevention course to be made available across Highland. There is rich learning and enthusiasm from those who have been involved with SIPP which could allow a Highland half day suicide prevention course to be developed and delivered on the back of the momentum generated with SIPP.

There are a number of public facing professional groups that are recognised as being well placed to spread key messages to encourage open and honest conversation and break down stigma around suicide, such as taxi drivers, hair dressers/barbers, housing support staff etc. There appears to be some scope to work with businesses and communities to broaden our approach to suicide prevention to help reduce levels of suicide in Highland.

COG is asked to consider whether they would support:

- Ongoing SIPP training delivered by partnerships staff to public and third sector organisations in Highland
- Expanding the CPP offer of SIP training to businesses and communities