

Agenda Item	8.
Report No	CPB 06/19

Highland CPP Breakthrough Achievement (Suicide Prevention) update June 2019

Report by Cathy Steer, Head of Health Improvement, Public Health and Elspeth Lee, Health Improvement Specialist, Public Health on behalf of George MacDonald, Police Scotland

The CPP Board is asked to:

- **Note progress with the breakthrough achievement on suicide prevention**
- **Endorse action to continue and expand delivery of suicide prevention training in Highland**
- **Encourage staff within their organisations to attend SIPP training**

1. Introduction

We are approximately half way through the year of this Breakthrough Achievement to train at least 500 partnership staff on suicide prevention in the 12 month period from September 2018 to September 2019. This report provides an update on progress and asks Board Members to consider and endorse the future delivery of the Suicide Intervention and Prevention Programme training (SIPP).

2. SIPP training

The first post course evaluation questionnaires have been issued to attendees. The purpose of the evaluation is to measure attendees' opportunities to use the skills learned on the SIPP course, and their confidence to do so.

SIPP data to end of April 2019		
Courses scheduled	22	
Places offered	352	
Courses cancelled	4	
Places booked	266	
Number attending	208 (78% of bookings)	
May to September 2019		
Courses scheduled	16	
Places offered	256	
Places booked (to 07/05/19)	205	
Total places offered	638	

3. Prevent Suicide – Highland App

App data to from 01/10/18 to 24/05/19		
905 Users		
1,900 sessions		
Average session duration 2m 28sec		
Top four page views	Main menu (landing page)	4,941
	Help others menu	2,639
	Your safety menu	2,520
	Highland Menu	2,193
68.4% new and 31.6% returning visitors		

The Highland CPP work to develop the app has informed the development of the national Suicide Prevention Action Plan resulting in inclusion of an action in the national plan on digital solutions to suicide prevention.

4. Summary

Current data suggests that approximately 498 people will attend SIPP training by the end of September 2019. Additional courses are still being added to meet demand (3 for Highland Council staff, plus 2 additional courses open to all organisations) This is likely to mean that the target of training at least 500 staff across the CPP in suicide prevention will be achieved.

The suicide prevention App continues to attract new users and returning users.

5. Future provision of suicide prevention training

The new national suicide prevention training is still being developed and there are capacity issues with delivering existing suicide prevention courses; safeTALK and ASIST. The majority of scheduled courses are full, with applications continuing to come from individual staff alongside requests for courses for bespoke training to groups of staff. Evaluation from the SIPP training suggests there is an ongoing need for an introductory level suicide awareness and prevention course to be made available across Highland. There is rich learning and high levels of enthusiasm from those who have been involved in delivering SIPP which could allow a Highland half day suicide prevention course to continue to be delivered on the back of the momentum generated through the CPP breakthrough achievement. There are a number of public facing professional groups that are recognised as being well placed to spread key messages to encourage open and honest conversation and break down stigma around suicide, such as taxi drivers, hair dressers/barbers, housing support staff etc. There appears to be some scope to work with businesses and communities to broaden our approach to suicide prevention to help reduce levels of suicide in Highland.

At their meeting on 15th May, the Chief Officer's Group agreed to ongoing support for SIPP training delivered by partnerships staff to public and third sector organisations in Highland and to expanding the CPP offer of SIPP training to targeted businesses and communities.

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