

Minute of the Highland Alcohol and Drugs Partnership Strategy Group

DATE:	23.08.2022
LOCATION:	Microsoft Teams
CHAIR:	Elisabeth Smart (Interim)
VERSION:	CPP Redacted

Present:

Elisabeth Smart	Public Health Consultant, NHS Highland (Interim Chair)
Cathy Steer	Head of Health Improvement, NHS Highland
Andrew Garraway	HADP Development Manager
Brian McKirdy	Governor, Scottish Prison Service
Frances Matthewson	Highland Alcohol and Drugs Partnership (Research and Intelligence Specialist)
Iain Templeton	
Val Bell	Beechwood House, Cross Reach
Iain McKenzie	TSI
Gail Ward	Housing, Highland Council
Debbie Stewart	Highland Alcohol and Drugs Partnership (Coordinator)
Ian Kyle	Head of Integrated Children's Services, Highland Council (Integrated Children's Services Partnership)
Andrea Broad	NHS Highland (Specialist Liver Service)

In attendance: Aileen Trappitt (Minutes), Eve Macleod (Presenting), Andrew Kyle (Presenting), Tanya Coffey, Clodagh Feehan

Apologies: Denise Stampfer, Angus MacInnes, David Reid, Beverley Horton, Janette Douglas, Alex Keith, Nancy MacAskill, Lynda Grzenski

Item	Discussion	Action
1	WELCOMES / APOLOGIES The Chair welcomed all present to the meeting and round table introductions were made. The chair asked the members if they would agree to these meetings being recorded to help keep an accurate record of the meeting. Once the minutes are complete the recording will be destroyed. This was agreed and the same request will be made at each future meeting.	
2	Presentation	
2.1.	Planet Youth Project Eve MacLeod and Andrew Kyle gave a presentation on the Icelandic model / Planet Youth Project. Describing a summary of the origins of the project, including the similarities and differences	

	<p>between Iceland and Scotland in particular the Highlands. The model focuses on strengthening the protective factors in a young person's life such as clear boundaries, friends that don't use substances. The project has 10 steps and five guiding principles: applying a primary prevention approach, emphasizing Community Action, engaging and empowering community members, integrating researchers, policymakers and practitioners, and community members, and then matching the scope of the solution to the scope of the problem.</p> <p>During the first year the aim was to pilot this whole systems universal prevention approach to delaying and reducing alcohol, tobacco and other drugs among teenagers in Highland. Working in partnership with stakeholders. Highland is taking part in a national pilot coordinated by Winning Scotland. We have also developed some resources such as the Parent's guide to alcohol tobacco and other drugs.</p> <p>The first step was to put out a survey asking the young people their thoughts on a range of topics. The survey had been sent to five schools/ 354 young people. The results of the survey were then analysed and a local coalition group set up to share the results and work on prioritisation. An impact effort matrix was completed and the group voted on the actions that they would start with. To increase the number, range and access to activities was voted the number one priority. The survey will be used as a baseline for future surveys to measure how we are doing. It took Iceland 20 years to get down to single figures, so it is possible.</p>	
3	Minutes and Actions from Meeting 17.05.2022	
3.1	<p>Minutes</p> <p>The minutes were accepted as a true and accurate account of the meeting</p>	
3.2	<p>Actions</p> <p>The actions were updated on the action log.</p>	
4	Strategy Development	
4.1	<p>Annual Report</p> <p>Every year the ADP has to produce an Annual Report to the Scottish Government. It has been reported to the chief Officers group and will need sign off from the Community Planning Partnership before it is submitted to the Scottish Government. The Government will then provide feedback which will be shared with the group.</p>	
4.2	Funding Letter	

4.3	<p>We have received the funding letter which lists all the priorities for the coming year. Everyone was encouraged to read the letter as it lays out what we are expected to deliver over the next year. It was noted that Highlands is currently unable to carry monies forward.</p> <p>Summary of Key Requirements This document although out of date, gives the partnership an idea of the demands the Scottish Government place on ADP support teams. We are often asked to collect data and report back on it in a very short time frame. ADP's have asked Scottish Government for a comprehensive list of what they need so that we can better organise our responses.</p>	
<p>5</p> <p>5.1</p> <p>5.2</p> <p>5.3</p> <p>5.4</p>	<p>Service Development</p> <p>MAT Standards Benchmarking report The Scottish Government introduced a set of 10 Medication Assisted Treatment standards on the recommendation of the Drug Death Taskforce. There is the requirement for services to have standards 1-5 embedded by April 2023. Each area was asked to complete a ragging exercise, when the standards were first introduced, these were submitted to government and a baseline report produced showing where each area is on the rollout of the standards and what areas need further work. Highland was ragged red for MAT and amber for MAT 2-5. In some cases we are close to green. We have been asked to provide monthly reports on our progress.</p> <p>Treatment Times There is a new treatment target, based on getting people into service. The waiting times has a standard of 90%, Highland is currently sitting at 76%. We hope that when the information is published for the next quarter (to the end of June) we will have been able to meet the standard. Challenges tend to be in more remote and rural areas.</p> <p>Drug Related Deaths The drug related deaths for 2021 have been published. We had 35 deaths in Highland. This is a slight increase for Highland. A slight decrease has been seen across Scotland overall.</p> <p>Alcohol Specific Deaths Highland had 61 Alcohol specific deaths recorded, which is an increase on the previous year of just 1. This is however the highest reported position of Highland over the last few years. Our standardized age is 21.6 which is only marginally above the Scottish standardized age of 20.8</p>	
<p>6.</p> <p>6.1</p>	<p>Lived Experience Panel</p> <p>Development & Priorities</p>	

	<p>The group is continuing to meet monthly and there have now been three additional meetings to discuss the MAT standards. Group members are keen to share their thoughts and experiences with the MIST group at the end of August. A few of the group members are also attending the upcoming Scottish Drugs Forum conference.</p>	
<p>7</p> <p>7.1</p>	<p>Partner Updates</p> <p>Thank you to everyone who submitted an update, this is an opportunity for anyone to add additional information.</p> <p>It was noted that there were a few partners had not returned the update and it was reinforced how important it is that these updates are provided as they help to inform the Annual Report to the Scottish Government. It was also noted that we had asked for annual report returns prior to the updates and there may have been some confusion as we got a good return for the annual report.</p> <p>Trauma Informed Training Clodagh gave an overview of the National Trauma training programme in Scotland. Trauma is more common than people realise with greater impact on mental health. The Scottish Government, COSLA and NES have grouped together to fund the Scottish National Trauma Training programme, with the vision that we will have a cross agency, trauma informed workforce. They are looking to set up local, trauma strategy groups, which will be cross agency.</p>	
8	<p>Finance</p> <p>Investment Plans and Finance Group Membership We have funded various posts, throughout the partnership along with projects to help prevent drug deaths and increase harm reduction. In the funding letter this year we have received uplift in funding. We are also building up slippage due to recruitment and start up challenges. . So we are looking for funding suggestions. We have had some suggestions, including increasing the number of out of area rehab places, trauma informed training, recovery workers , the immediate response team have said they would benefit from some part time admin. It was agreed that any funding decisions under £10,000 could be made by the finance subgroup but anything over this amount would need the Strategy group to make a decision.</p>	
<p>9</p> <p>9.1& 9.2</p>	<p>Drug Deaths</p> <p>DRD Review and Prevention Groups An update will be provided at the next meeting</p>	

9.3	<p>Immediate response Pathway Interviews are underway for the role of clinical nurse specialist and Support worker.</p>	
10	<p>Chair / Vice Chair Role We have been looking to other ADP's and how their Terms of Reference work and the role of the Chair. We have also sent round a survey asking if the group preferred an Independent chair or a chair voted for from within the group. The majority voted for an Independent chair, so this is what we will take forward.</p>	
11	<p>Any Other Competent Business</p> <ul style="list-style-type: none"> - The Recovery Walk will be on the 24th of September in Paisley. If you would like to book a place on the bus, please email aileen.trappitt@nhs.scot - The Whole Family event on the 22nd of September, with the Scottish Government. Invites have gone out, please book through the link in the invite. - 	
12	<p>Date of Next Meeting The next meeting will be on the 22nd November 2022 at 2pm. Venue to be confirmed but given it is expected to be a Teams meeting</p>	