

## Agenda Item 2ii.

<b>HADP Strategy Group</b>	<b>Date: 29/08/2023</b>
Present: Elisabeth Smart, Debbie Stewart, Frances Matthewson, Mhairi Wylie, Iver Forsyth, Daniel Jack, Kate MacLean, Eve MacLeod, Cat Clark, Caroline Robertson, David Reid, Andrew Garraway, Teresa Green, Hazel Inglis	Apologies: Jenny Valentine, Iain Templeton, Margaret McShane
In attendance: Steph Tyrer (Minutes)	
<b>Agenda</b>	
<b>1. Welcome</b>	Liz welcomed everyone to the meeting.
<b>2. Minutes:</b>	Accepted as a true and accurate account of the meeting held on the 23 <sup>rd</sup> of May 2023.
<b>Actions:</b>	<ul style="list-style-type: none"> <li>➤ If partners, eg DARS, Housing can lead on mainstreaming Housing First approaches please contact Debbie.</li> <li>➤ Discussion of autism as a risk factor for drug deaths. To be arranged.</li> <li>➤ Chair recruitment advert to be circulated. Interviews scheduled for 4<sup>th</sup> September.</li> </ul>
Bullet points of discussion:	
<ul style="list-style-type: none"> <li>• The chair thanked Aileen Trappitt for her service on behalf of the group over the years.</li> </ul>	
<b>3. Development Session</b>	
<b>3.1 Drug-Related Deaths</b>	
Bullet points of discussion:	
<ul style="list-style-type: none"> <li>• Frances presented the Highland Drug-Related Deaths Report, 2022.</li> <li>• The MAT standards are very focused on reducing drug deaths.</li> <li>• Naloxone supply, through peer naloxone distribution, is another approach we're involved in.</li> <li>• Quite a lot has been done around public awareness: <ul style="list-style-type: none"> <li>○ We ran a series of ads via MFR and social media in the run up to Belladrum which included information on the signs of overdose and what to do in an overdose situation.</li> <li>○ Also trying, via a press release, to get media coverage for International Overdose Awareness Day on the 31<sup>st</sup> of August.</li> <li>○ DARS have managed to get the main bridge in Inverness lit up to help raise awareness.</li> <li>○ We have the drug death review group which reviews all drug deaths individually.</li> <li>○ There is also the drug death prevention group which takes a multi-agency approach.</li> <li>○ The HOPE App was developed which has good information on recognising an overdose and what to do and where to go for help.</li> <li>○ Public Health policing – The Harm Reduction Police Officer acts as a bridge into treatment for people that are particularly vulnerable.</li> <li>○ Have invested in residential rehab and there is a lot of development work going on there and there was the Housing First pilot which we are trying to mainstream.</li> <li>○ Workforce development – there was a course a couple of weeks ago with the Scottish Drugs Forum around intervening to prevent drugs related deaths.</li> <li>○ There is a fair amount of activity going on around Planet Youth.</li> </ul> </li> </ul>	

<ul style="list-style-type: none"> <li>• It was suggested that we host an online seminar for frontline workers to look at some of this information, and alcohol specific deaths, and have discussions about what more we can do collaboratively on the front-line about this.</li> <li>• It was noted that being in treatment read as a risk factor but is actually a protective factor, as is Naloxone.</li> <li>• A significant proportion of people appear to have been in custody in the 6 months prior to death. Hence the rationale for the MATPACT pilot that is being rolled out in Inverness. Any person who answers yes to being dependent on controlled substances are automatically provided with a Naloxone take home kit along with a referral to the Inverness engagement service. Planning to link the Harm Reduction Police Officer in with the engagement service.</li> <li>• Iver and Frances did some training sessions with housing staff and Highland Council registered social landlords to increase their understanding around drug-related deaths and the positive actions they can take as frontline practitioners.</li> <li>• There have been enquiries around what the policy is on identifying whether someone is vulnerable. The related death intelligence is being looked at to see if there are any themes arising.</li> <li>• Iver and Police recently attended a rural Housing First forum to discuss the incidence of county lines and organised crime groups which looked at how Housing First teams in Aberdeenshire are dealing with that.</li> </ul>		
<b>Action Points</b> <ul style="list-style-type: none"> <li>• Frances will share the Drug-Related Deaths slides.</li> <li>• Arrange an online workshop for frontline workers to have discussions on what more can be done to reduce drug and alcohol related deaths.</li> </ul>	<b>Lead / responsible</b> <b>FM</b>  <b>DS</b>	<b>Time scale</b>  <b>End Aug</b>  <b>End Oct</b>
<b>4. Strategy/Partnership Development</b>		
<b>4.1 Annual Report 2022/23 and Sign Off Request</b>		
<b>Bullet points of discussion:</b> <ul style="list-style-type: none"> <li>• The Community Planning Partnership Board Meeting is on the 15<sup>th</sup> of September so the Annual Report should be signed off there.</li> <li>• Thanks were given to Partners for their input to the survey.</li> <li>• The box has been ticked to say that we do have treatment services specific to women, which is not the case – agreement was given for this to be amended.</li> </ul>		
<b>4.2 Highland Public Protection Chief Officers Group Report</b>		
<b>Bullet points of discussion:</b> <ul style="list-style-type: none"> <li>• Liz attended this meeting last week and has sent them the 7-minute briefing from the drug death review group, which they had asked for. They have also asked for the Housing First evaluation report Liz will send this onto them along with the slides from the Drug Related Deaths Report.</li> </ul>		
<b>4.3 Alcohol Overprovision</b>		
<b>Bullet points of discussion:</b> <ul style="list-style-type: none"> <li>• We had a dedicated workshop a couple of weeks ago to look at what overprovision meant, in terms of alcohol, in the Highland Council area.</li> <li>• Liz sent out a summary of those discussions which is what will go into the template that gets filled in on the Highland Council licensing website.</li> <li>• Keen that the licencing board considers the impact of deprivation.</li> <li>• This will be debated in the Chamber in November.</li> <li>• Please send any comments to Liz by Wednesday.</li> </ul>		
<b>Action points</b>	<b>Lead/responsible</b>	<b>Time scale</b>

<ul style="list-style-type: none"> <li>• Debbie will amend the error in the annual report which incorrectly states that we do have services specific to women.</li> <li>• Liz to send the Housing First evaluation and the slides from the Drug Related Deaths report on to the Highland Public Protection Chief Officers Group.</li> <li>• Comments on alcohol overprovision to be sent to Liz by Wednesday.</li> </ul>	<p><b>DS</b></p> <p><b>ES</b></p> <p><b>All</b></p>	<p><b>End August</b></p> <p><b>Wed 30<sup>th</sup> August</b></p>
<p><b>5. Performance Management</b></p>		
<p><b>5.1 Dashboard</b></p>		
<p>Bullet Points of Discussion:</p> <ul style="list-style-type: none"> <li>• Frances gave an overview of the Dashboard.</li> <li>• Teresa noted that over the past year there has been a significant improvement in waiting times for people to access specialist treatment.</li> <li>• Debbie noted that over the past couple of weeks we have had correspondence from Scottish Government to say that MAT Standards now cover people with alcohol problems. The funding should therefore be used to support people with alcohol related problems in the same way as people with drug problems.</li> </ul>		
<p><b>5.2 Progress Reports – Partners and Funded Projects</b></p>		
<p>Bullet Points of Discussion:</p> <ul style="list-style-type: none"> <li>• Eve noted that the Planet Youth work is progressing well and have had some positive feedback from Iceland. Information gathering will continue with the next survey due with the S4 pupils in weeks commencing the 18<sup>th</sup> and 25<sup>th</sup> of September. There are 2 x Band 5 Health Improvement Adviser posts out to advert just now, with funding from Scottish Government. Please share among your networks. Alcohol Brief Interventions – improvements to general population delivery and now, with the specialist midwives in post, to antenatal delivery. Cat and Hazel are attending the upcoming Scottish Improvement Foundation Skills course that will support their work going forward.</li> <li>• Mhairi gave thanks to the ADP which has allowed the Custody Link Service to be extended to the end of the current year. Don't know how much longer it will be able to continue beyond that but are exploring what the options are for next year. Recruitment is currently underway for the café with the hope it will be able to open at weekends. Expressions of interest for the funding have all been converted to full applications. It was noted that some initiatives have stalled because of recruitment problems. May have to look at offering more competitive terms and conditions which means costs will go up.</li> </ul>		
<p><b>5.3 MAT Standards Progress Report</b></p>		
<p>Bullet Points of Discussion:</p> <ul style="list-style-type: none"> <li>• Teresa shared a couple of slides that summarise the DARS/MAT Standards updates.</li> <li>• Over the last year we have had a consistent and sustained improvement in meeting our waiting times.</li> <li>• In the last quarter we've had 91% being seen within the three-week time frame for alcohol.</li> <li>• We are provisional green scoring for MAT1, MAT2 and MAT4.</li> <li>• There was some concern when the benchmarking was done around MAT6, MAT9 and MAT10.</li> </ul>		

<ul style="list-style-type: none"> <li>• There are steering groups in place for MAT6 and MAT10 which is all about psychological interventions, providing trauma informed care.</li> <li>• There is also a steering group for MAT9 concerning the interface with adult mental health services.</li> <li>• Deaths in Custody - MATPACT (Medical Assisted Treatment Pilot at Custody Tool) The prison have seen an increase in their naloxone that they are giving out as well as an increase in referrals to the outreach service quite significantly.</li> <li>• Caithness have been trialling a trigger checklist for high-risk client groups and there has been interest to roll this out nationally.</li> <li>• The effectiveness of the outreach models is being measured with a view that the most effective model will be rolled out across Highland.</li> <li>• There is ongoing work with Health Improvement Scotland and the ADP about improving access to residential rehab. Asking the last 10 patients that have gone through residential rehab for feedback which will form a workshop planned for October.</li> </ul>		
<b>Action Points</b> <ul style="list-style-type: none"> <li>• Frances will share the slides on the updated version of the Dashboard and will include Pam Cremin in the distribution.</li> </ul>	<b>Lead / responsible</b> <b>FM</b>	<b>Time scale</b> <b>End August</b>
<b>6. Whole Family Approach</b>		
<b>6.1 Vision 2026 Launch Event – 25/08/2023</b>		
<b>Bullet Points of Discussion:</b> <ul style="list-style-type: none"> <li>• Ian Kyle presented on the Highland Children’s Service Plan Launch Event.</li> <li>• The day was a huge success.</li> <li>• Ian requested HADP investment in the Whole Family Wellbeing Programme to ensure a clear drug and alcohol focus. Debbie referred to the funding letter statement that ADP’s and ICSP’s should pull resources to support the WFWP to support delivery of the whole family framework. The group agreed in principle to support Ian’s proposal for funding. However, a proposal form will need to be completed and scored via a panel.</li> </ul>		
<b>Action Points</b> <ul style="list-style-type: none"> <li>•</li> </ul>	<b>Lead / responsible</b>	<b>Time scale</b>
<b>7. Housing First Development</b>		
<b>7.1 Secondment – Develop Highland Housing First Model of Practice</b>		
<b>Bullet Points of Discussion:</b> <ul style="list-style-type: none"> <li>• The Housing First evaluation report is largely positive, but the intention would be to look at how we find the right way for the Highland Housing First approach to work in respect of that very vulnerable group of people who are at the highest risk of drug and alcohol related harm or death.</li> <li>• The intention is for the approach to be mainstreamed as far as possible and that we look at the interface between the MAT Standards and rapid rehousing for people whose substance use risks overlap with homelessness risks.</li> <li>• One of the main challenges that the Housing First project has faced is that people don’t actually get an allocation status and that those joining the Housing First caseload don’t necessarily get housed in a secure tenancy.</li> <li>• The group agreed that Iver would be seconded to the ADP for a six-month period to look at how we can take what we’ve learned through the Housing First pilot and develop a Highland model of practice.</li> </ul>		
<b>Action Points</b> <ul style="list-style-type: none"> <li>• Objectives and planning for Iver’s secondment will be progressed and begin in Nov.</li> </ul>	<b>Lead / responsible</b> <b>DS/IF/LS</b>	<b>Time scale</b> <b>End Oct</b>

<b>8. Finance</b>		
<b>8.1 Funding Letter 2023/24</b>		
<p>Bullet points of discussion:</p> <ul style="list-style-type: none"> <li>• Debbie gave an overview of the Funding Letter which summarised that the ADP has access to £1.8m.</li> <li>• Key priorities include MAT standards, residential rehabilitation, whole family approach/family inclusive practice and involvement/development support for people with lived/living experience participation.</li> </ul>		
<b>8.2 Finance Statement</b>		
<p>Bullet points of discussion:</p> <ul style="list-style-type: none"> <li>• David provided a summary of the projected HADP funding spend for 2023/24.</li> <li>• We have £1.8 million of funding, which is a 1% uplift from last year, with a projected slippage of £150,555.</li> </ul>		
<b>8.3 Investment Plans 2023/24</b>		
<p>Bullet points of discussion:</p> <ul style="list-style-type: none"> <li>• The group agreed to provide funding for a drug and alcohol post to work within the Whole Family Wellbeing Programme. A proposal form will need to be completed and scored.</li> <li>• We have had a good quality proposal from the Scottish Drugs Forum to fund a development officer, on a 1 or 2 year basis, to focus on developing living/lived experience input in to policy and practice, peer research skills, training and involvement in collecting experiential data on the MAT Standards. The group agreed to fund this.</li> <li>• We need to review how we are managing requests for finance as they come in and if we are doing it as quickly as we could.</li> </ul>		
<p>Action Points</p> <ul style="list-style-type: none"> <li>• Debbie will liaise with Ian for the Whole Family proposal to be written up and scored.</li> <li>• Debbie to progress proposals from the Scottish Drugs Forum.</li> <li>• Review how we are managing finance requests as they come in.</li> </ul>	<p>Lead / responsible</p> <p><b>DS</b></p> <p><b>DS</b></p> <p><b>DS/ES</b></p>	<p>Time scale</p> <p><b>End Oct</b></p> <p><b>End Oct</b></p> <p><b>End Oct</b></p>
<b>9. Chair</b>		
<b>9.1 Recruitment and Timeline</b>		
<p>Bullet Points of Discussion:</p> <ul style="list-style-type: none"> <li>• Interviews are scheduled for the 4<sup>th</sup> of September.</li> </ul>		
Action Points	Lead / responsible	Time scale
<b>10. Items for Noting</b>		
<b>10.1 Overdose Awareness Day – 31/08/2023</b>		
<p>Bullet Points of Discussion:</p> <ul style="list-style-type: none"> <li>• The upcoming Overdose Awareness Day was mentioned for noting.</li> </ul>		
<b>10.2 HADP Bulletin and Website</b>		
<p>Bullet Points of Discussion:</p>		

<ul style="list-style-type: none"> <li>• Hope to pick these up again once a replacement for Aileen is found.</li> </ul>				
<b>10.3 Graduation – Recovery Workers Training Project</b>				
Bullet Points of Discussion: <ul style="list-style-type: none"> <li>• Please follow the link on the Agenda to read the article and find out more about the programme.</li> </ul>				
<b>10.4 Directory of Services – Alcohol and Drug Use</b>				
Bullet Points of Discussion: <ul style="list-style-type: none"> <li>• A link was included in the Agenda to the Directory of Services.</li> </ul>				
Action Points		Lead / Responsible		Time Scale
<b>11 Date and time of next meeting:</b>			Tues 21 <sup>st</sup> November 23; 2pm-4pm via Teams	
Notes/comments:				
Admin control	Minutes taken by: Admin Officer	Draft sent to co-ordinator:	Approved by co-ordinator:	Sent to group members for approval:

### Summary of action points

Agenda item	Action	Lead/responsible	Time scale
3	Share the Drug-Related Deaths slides.	FM	<b>End August</b>
3	Arrange an online workshop for frontline workers to increase activity to reduce drug and alcohol related deaths.	DS	<b>End Oct</b>
4	Debbie will amend the error in the annual report which incorrectly states that we do have services specific to women and advise Scottish Government.	DS	<b>End August</b>
4	Liz to send the Housing First evaluation and the slides from the Drug Related Deaths report on to the Highland Public Protection Chief Officers Group.	ES	<b>End August</b>
4	The issue of alcohol overprovision will be discussed at the Chamber in November. Please send any comments to Liz by Wednesday.	All	<b>Wed 30<sup>th</sup> August</b>
5	Frances will share the slides on the updated version of the Dashboard and will include Pam Cremin in the distribution.	FM	<b>End of August</b>
7	Objectives and planning for the Housing secondment to be progressed for start in Nov.	LS/IF/DS	<b>End Oct</b>

<b>8</b>	Debbie will liaise with Ian for the Whole Family proposal to be written up and scored.	DS	<b>End Oct</b>
<b>8</b>	Debbie to progress the Scottish Drugs Forum proposal.	DS	<b>End Oct</b>
<b>8</b>	Review how we are managing requests for finance as they come in and arrange discussions with future members of the finance group.	DS/ES	<b>End Oct</b>